## MEALS ON WHEELS OF SOUTHWEST OHIO & NORTHERN KENTUCKY (MOW)/WESLEY COMMUNITY SERVICES CARDIAC-DIABETIC MEALS

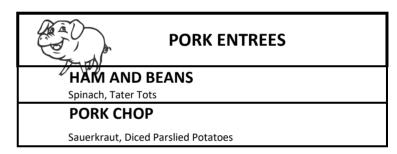
Please call in your order at least 6 days prior to your delivery (513-244-5485). We are not taking paper orders right now

## KEEP THIS MENU HANDY SO YOU CAN LOOK AT IT WHEN CALLING TO CHANGE YOUR ORDER!

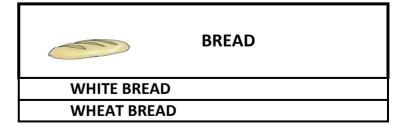
	BEEF ENTREES
CINCINNA	TI CHILI
Spaghetti, Corn,	Cin. Apples
COUNTRY	FRIED STEAK
Scalloped Potato	oes, California Blend
FLAME BR	OILED BEEF PATTIE
Roasted Baby Ba	akers, Mixed Vegetables
BEEF PATT	Υ
Potato Wedge, I	Mixed Vegetables
FLAME BR	OILED BEEF STEAK
Baby Bakers Pot	ratoes, Green Beans
CHEESEBU	RGER/NO BUN
Mixed Berries, D	Diced White Potatoes
POT ROAS	Т
Noodles, Collard	l Greens
CHEESEBU	RGER MEATLOAF
Baby Bakers, Ca	lifornia Veg
HOMESTY	LE MEATLOAF
Sweet Potato Pa	atty & Oregon Blend Veg
SALISBURY	/ STEAK
Mashed Potatoe	es, Green Beans

PASTA ENTREES		
SPAGHETTI & MEATBALLS w/MARINARA		
Green Beans		
CHEESE LASAGNA w/MARINARA		
Italian Vegetables & Squash		

POULTRY ENTREES	
HERBED BAKED CHICKEN	
Macaroni & Cheese, Green Peas	
CHICKEN & RICE w/GRAVY	
Carrot & Broccoli	
GRILLED CHICKEN BREAST	
Green Beans & Yellow Squash	
CHICKEN STRIPS	
Carrots, Tater Barrels	
SLICED TURKEY & GRAVY	
Dressing, Green Beans	



DAIRY	
SKIM MILK	
2% MILK	
CHOCOLATE MILK	
CHEESE	



While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.