MEALS ON WHEELS OF SOUTHWEST OHIO & NORTHERN KENTUCKY (MOW)/WESLEY COMMUNITY SERVICES KENTUCKY CARDIAC-DIABETIC MEALS

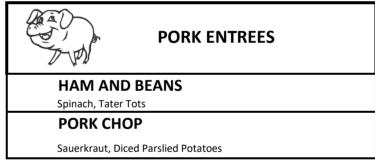
Please call in your order at least 7 days prior to your delivery (513-244-5485). We are not taking paper orders right now

KEEP THIS MENU HANDY SO YOU CAN LOOK AT IT WHEN CALLING TO CHANGE YOUR ORDER!

| BEEF ENTREES | | |
|-------------------------------------|--|--|
| CINCINNATI CHILI | | |
| aghetti, Corn, Cin. Apples | | |
| OUNTRY FRIED STEAK | | |
| alloped Potatoes, California Blend | | |
| LAME BROILED BEEF PATTIE | | |
| asted Baby Bakers, Mixed Vegetables | | |
| EEF PATTIE | | |
| tato Wedge, Mixed Vegetables | | |
| LAME BROILED BEEF STEAK | | |
| by Bakers Potatoes, Green Beans | | |
| HEESEBURGER/NO BUN | | |
| xed Berries, Diced White Potatoes | | |
| OT ROAST | | |
| odles, Collard Greens | | |
| HEESEBURGER MEATLOAF | | |
| by Bakers, California Veg | | |
| IEATLOAF | | |
| acaroni, Mixed Vegetables | | |
| | INCINNATI CHILI aghetti, Corn, Cin. Apples DUNTRY FRIED STEAK alloped Potatoes, California Blend AME BROILED BEEF PATTIE asted Baby Bakers, Mixed Vegetables EEF PATTIE tato Wedge, Mixed Vegetables AME BROILED BEEF STEAK by Bakers Potatoes, Green Beans HEESEBURGER/NO BUN xed Berries, Diced White Potatoes OT ROAST odles, Collard Greens HEESEBURGER MEATLOAF by Bakers, California Veg IEATLOAF | INCINNATI CHILI aghetti, Corn, Cin. Apples DUNTRY FRIED STEAK alloped Potatoes, California Blend AME BROILED BEEF PATTIE asted Baby Bakers, Mixed Vegetables EEF PATTIE tato Wedge, Mixed Vegetables AME BROILED BEEF STEAK by Bakers Potatoes, Green Beans HEESEBURGER/NO BUN xed Berries, Diced White Potatoes OT ROAST odles, Collard Greens HEESEBURGER MEATLOAF by Bakers, California Veg IEATLOAF |

| POULTRY ENTREES |
|--|
| HERBED BAKED CHICKEN |
| Macaroni & Cheese, Green Peas |
| SALISBURY STEAK |
| Mashed Potatoes, Green Beans |
| GRILLED CHICKEN BREAST |
| Italian Mixed Vegetables, Diced White Potatoes |
| CHICKEN STRIPS |
| Carrots, Tater Barrels |
| SLICED TURKEY & GRAVY |
| Dressing, Green Beans |





| | BREAD | |
|-------------|-------|--|
| WHITE BREAD | | |
| WHEAT BREAD | | |

| DAIRY |
|----------------|
| SKIM MILK |
| 2% MILK |
| CHOCOLATE MILK |
| CHEESE |

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.