

| Meals on Wheels | Sep-25 | 513-244-5485 | Daily Menu | | | |
|--|--|---|---|---|---|--|
| | 1 MONDAY | 2 TUESDAY | 3 WEDNESDAY | 4 THURSDAY | 5 FRIDAY | 6 SATURDAY |
| | Flamed Broiled Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar | Turkey Ham and Beans Spinach Red Skin Potatoes slice of bread Applesauce Sun Chips | Biscuits and Gravy Mini Potato Pancakes Turkey Sausage Grape Juice Diced Pears Ritz Bitz | Pot Roast Redskin Potatoes Carrots Slice of bread Orange Juice Choc Crème Cookie | Lasagna w/ Meat Sauce Italian Vegetables Apple Crisp Slice of Bread Tropical Fruit Juice Graham Crackers | Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Oyster crackers Fruit Cup |
| 7 SUNDAY | 8 MONDAY | 9 TUESDAY | 10 WEDNESDAY | 11 THURSDAY | 12 FRIDAY | 13 SATURDAY |
| Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of bread Apple Juice Choc Crème Cookie | Sloppy Joe/ No bun Green Beans Baby Bakers Slice of Bread Tropical Fruit Juice Cheese it crackers | Turkey w/ Gravy Mashed Potatoes Green Beans Slice of Bread Grape Juice Diced Pears | Pancakes Mini Potato Pancakes Turkey sausage links Fruit Cup Apple Juice Ritz Bitz | Pork BBQ Garlic Redskin Potatoes Carrots Slice of bread Grape Juice Sun Chips | Salisbury Steak/Gravy Parslied Potatoes Mixed Vegetables Slice of Bread Peaches Tropical Fruit Juice | Cheeseburger/ No bun Sweet Potato Puff Mixed Berry Crisp Slice of Bread Mandarin Oranges Graham crackers |
| 14 SUNDAY | 15 MONDAY | 16 TUESDAY | 17 WEDNESDAY | 18 THURSDAY | 19 FRIDAY | 20 SATURDAY |
| Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie | Spaghetti & Meatballs Spinach Italian Vegetables Slice of Bread Mixed fruit cup Choc Crème Cookie | Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers | C. Fried Steak w/ Gravy Peas and Carrots Mashed Potatoes Diced Pears Tropical Fruit Juice Cheese it crackers | Country Ham Sweet Potato Cubes Capri Blend Vegetables Slice of bread Orange Juice Choc Crème Cookie | Baked Chicken/Gravy Herb Dressing Broccoli & Cauliflower slice of bread Apple Juice Fruit Cup | Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Grape Juice Oyster crackers |
| 21 SUNDAY | 22 MONDAY | 23 TUESDAY | 24 WEDNESDAY | 25 THURSDAY | 26 FRIDAY | 27 SATURDAY |
| Pork BBQ Garlic Potatoes Carrots Slice of Bread Tropical Fruit Juice Brownie | Boneless Chicken Bites Au gratin Potatoes Mixed Vegetables Slice of Bread Diced Peaches Sun Chips | Cheese Omelet Hash Brown Patty Peach Crisp Slice of Bread Mandarin Oranges Snack Bar | BBQ Chicken Bites Roasted New Potatoes California Vegetables Slice of bread Orange juice Sun Chips | Grilled Sausage w/ onions and peppers Seasoned Potato Wedges Mixed Vegetables Slice of bread & Apple Juice Mixed Fruit Cup | Meatloaf w/ Gravy Mashed Potatoes Carrots Slice of Bread Diced Peaches Brownie | Chicken Alfredo & Penne Pasta Sliced Carrots Broccoli Tropical Fruit Juice Fruit Cup |
| 28 SUNDAY | 29 MONDAY | 30 TUESDAY | | | | |
| Flamed Broiled Steak Roasted Baby Bakers Mixed Vegetables Slice of Bread Peaches Snack Bar | Turkey Ham and Beans Spinach Red Skin Potatoes slice of bread Applesauce Sun Chips | Biscuits and Gravy Mini Potato Pancakes Turkey Sausage Grape Juice Diced Pears Ritz Bitz | | | | |