Meals on Wheels	Oct-25	513-244-5485	TR Daily Menu			
			1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY
			Homestyle Meatloaf	Salisbury Steak	Cheeseburger/No Bun	Pot Roast
			Sweet Potato Patty	Mashed Potatoes	Diced white Potatoes	Parslied Noodles
			Oregon Blend Vegetables	Green Beans	Mixed Berries	Collard Greens
			Slice of Bread	Slice of Bread	Slice of Bread	Slice of bread
			Tropical Fruit Juice	Sun Butter	Tropical Fruit Juice	Pineapple Cup
			Sun Butter	Grape Juice	Ritz Bitz	Brownie
5 SUNDAY	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY	11 SATURDAY
Spaghetti & Meatballs w/Marinara	Cheeseburger Meatloaf	Country Fried Steak	Turkey Ham and Beans	Chicken Strips	Salisbury Steak	Cincinnati Chili & Spaghetti
Green Beans	Baby Bakers	Scalloped Potatoes	Spinach	Italian Mixed Vegetables	Mashed Potatoes	Corn
Sice of Bread	California Vegetables	Cailfornia Vegetables	Red Skin Potatoes	Sweet Potato Cubes	Green Beans	Cinnamon Apples
Tropical Fruit Juice	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Oyster Crackers
SF Pudding	Orange Juice	Peaches	Applesauce	Mixed Fruit Cup	Sun Butter	Grape Juice
	Towne House Crackers	SF Choc Chip Cookie	Ritz Bitz	Club Crackers	Grape Juice	
12 SUNDAY	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY	18 SATURDAY
Cheeseburger/No Bun	Pot Roast	Spaghetti & Meatballs w/Marinara	Cheeseburger Meatloaf	Chicken & Rice w/Gravy	Homestyle Meatloaf	Turkey Ham and Beans
Diced white Potatoes	Parslied Noodles	Green Beans	Baby Bakers	Carrots	Sweet Potato Patty	Spinach
Mixed Berries	Collard Greens	Sice of Bread	California Vegetables	Broccoli	Oregon Blend Vegetables	Red Skin Potatoes
Slice of Bread	Slice of bread	Tropical Fruit Juice	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Tropical Fruit Juice	Pineapple Cup	SF Pudding	Orange Juice	Applesauce	Tropical Fruit Juice	Applesauce
Ritz Bitz	Brownie	_	Towne House Crackers	Ritz Bitz	Sun Butter	Ritz Bitz
19 SUNDAY	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	25 SATURDAY
Cincinnati Chili & Spaghetti	Turkey & Gravy	Herbed Baked Chicken	Homestyle Meatloaf	Salisbury Steak	Turkey Ham and Beans	Chicken Strips
Corn	Mashed Potatoes	Sweet Potato Cubes	Sweet Potato Patty	Mashed Potatoes	Spinach	Italian Mixed Vegetables
Cinnamon Apples	Green Beans	Green Peas	Oregon Blend Vegetables	Green Beans	Red Skin Potatoes	Sweet Potato Cubes
Oyster Crackers	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Grape Juice	Diced Pears	Apple Juice	Tropical Fruit Juice	Sun Butter	Applesauce	Mixed Fruit Cup
	SF Pudding	SF Lemon Cookie	Sun Butter	Grape Juice	Ritz Bitz	Club Crackers
26 SUNDAY	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY	
Salisbury Steak	Pot Roast	Spaghetti & Meatballs w/Marinara	Cheeseburger Meatloaf	Chicken & Rice w/Gravy	Turkey & Gravy	
Mashed Potatoes	Parslied Noodles	Green Beans	Baby Bakers	Carrots	Mashed Potatoes	
Green Beans	Collard Greens	Sice of Bread	California Vegetables	Broccoli	Green Beans	
Slice of Bread	Slice of bread	Tropical Fruit Juice	Slice of Bread	Slice of Bread	Slice of Bread	
Sun Butter	Pineapple Cup	SF Pudding	Orange Juice	Applesauce	Diced Pears	
Grape Juice	Brownie		Towne House Crackers	Ritz Bitz	SF Pudding	