

Meals on Wheels		Oct-25	513-244-5485	TR Daily Menu		
			1 WEDNESDAY	2 THURSDAY	3 FRIDAY	4 SATURDAY
			Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Cheeseburger/No Bun Diced white Potatoes Mixed Berries Slice of Bread Tropical Fruit Juice Ritz Bitz	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie
5 SUNDAY	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY	11 SATURDAY
Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Country Fried Steak Scalloped Potatoes Caifornia Vegetables Slice of Bread Peaches SF Choc Chip Cookie	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice
12 SUNDAY	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY	18 SATURDAY
Cheeseburger/No Bun Diced white Potatoes Mixed Berries Slice of Bread Tropical Fruit Juice Ritz Bitz	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz
19 SUNDAY	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	25 SATURDAY
Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers
26 SUNDAY	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY	
Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	