

Ohio Congregate Breakfast		Oct-25		Approved by: _____	
		1 WEDNESDAY	2 THURSDAY	3 FRIDAY	
		Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Orange Juice	Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Orange Milk Tropical Fruit Juice	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Pineapple Tibits Milk Apple Juice	
6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY	
Biscuit Sandwich <i>W/ Canadian Bacon,</i> Egg & Cheese Breakfast Potatoes Mix Fruit Milk Apple Juice	Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Mixed Berries Milk Orange Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	
13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY	
Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Pineapple Tibits Milk Tropical Fruit Juice	French Toast <i>T Sausage Links</i> SF Syrup Cinnamon Apples Milk Grape Juice	Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Mixed Berries Milk Orange Juice	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	
20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	
Biscuit Sandwich <i>W/ Canadian Bacon,</i> Egg & Cheese Breakfast Potatoes Mix Fruit Milk Apple Juice	Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Mixed Berries Milk Grape Juice	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Pineapple Tibits Milk Tropical Fruit Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	
27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY	
French Toast <i>T Sausage Links</i> SF Syrup Cinnamon Apples Milk Grape Juice	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	Biscuit Sandwich <i>W/ Canadian Bacon,</i> Egg & Cheese Breakfast Potatoes Mix Fruit Milk	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Pineapple Tibits Milk Tropical Fruit Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	

