Ohio Congregate Breakfast Oct-24 Approved by:				
	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	Biscuit & Gravy	Pancakes	Southwestern Omelet	Biscuit Sandwich
	Sausage Patty	Scrambled Eggs	Peppers & Onions	W/ Canadian Bacon,
	Cottage Cheese	Krispie Rice Cereal	Wheat Bread	Egg & Cheese
	Fruit Cocktail	Pears	Margarine	Breakfast Potatoes
	Milk	Milk	Pineapple Tibits	Mix Fruit
	Apple Juice	Orange Juice	Milk	Milk
			Tropical Fruit Juice	Grape Juice
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Biscuit & Gravy	French Toast	Oatmeal	Egg Sandwich	Southwestern Omelet
Sausage Patty	T Sausage Links	Scrambled eggs	Egg, Cheese	Peppers & Onions
Cottage Cheese	SF Syrup	Potato Pancakes	Turkey Bacon	Wheat Bread
Fruit Cocktail	Pears	Orange Juice	English Muffin	Margarine
Milk	Milk	Milk	Breakfast Potatoes	Pineapple Tibits
Apple Juice	Tropical Fruit Juice	Orange	Milk	Milk
		-	Fresh Fruit	Tropical Fruit Juice
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
Oatmeal	Biscuit & Gravy	French Toast	Oatmeal	Egg Sandwich
Scrambled eggs	Sausage Patty	T Sausage Links	Scrambled eggs	Egg, Cheese
Potato Pancakes	Cottage Cheese	SF Syrup	Potato Pancakes	Turkey Bacon
Orange Juice	Fruit Cocktail	Cinnamon Apples	Orange Juice	English Muffin
Milk	Milk	Milk	Milk	Breakfast Potatoes
Orange	Apple Juice	Tropical Fruit Juice	Orange	Milk
-		·	-	Fresh Fruit
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Southwestern Omelet	Biscuit Sandwich	Biscuit & Gravy	Egg Sandwich	Southwestern Omelet
Peppers & Onions	W/ Canadian Bacon,	Sausage Patty	Egg, Cheese	Peppers & Onions
Wheat Bread	Egg & Cheese	Cottage Cheese	Turkey Bacon	Wheat Bread
Margarine	Breakfast Potatoes	Fruit Cocktail	English Muffin	Margarine
Pineapple Tibits	Mix Fruit	Milk	Breakfast Potatoes	Pineapple Tibits
Milk	Milk	Apple Juice	Milk	Milk
Tropical Fruit Juice	Grape Juice	7 (pp. 6 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Fresh Fruit	Tropical Fruit Juice
28 Monday	29 Tuesday	30 Wednesday	31 Thursday	p. Jan i i ant anio
Pancakes	Biscuit & Gravy	French Toast	Oatmeal	
Scrambled Eggs	Sausage Patty	T Sausage Links	Scrambled eggs	
Krispie Rice Cereal	Cottage Cheese	SF Syrup	Potato Pancakes	
Pears	Fruit Cocktail	Pears	Orange Juice	
Milk	Milk	Milk	Milk	
Orange Juice	Apple Juice	Tropical Fruit Juice	Orange	