

Ohio Congregate Breakfast		Oct-24		Approved by: _____	
	1 Tuesday	2 Wednesday	3 Thursday	4 Friday	
	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Pears Milk Orange Juice	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	Biscuit Sandwich <i>W/ Canadian Bacon,</i> Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	
Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	French Toast <i>T Sausage Links</i> SF Syrup Pears Milk Tropical Fruit Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	
Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	French Toast <i>T Sausage Links</i> SF Syrup Cinnamon Apples Milk Tropical Fruit Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday	
Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	Biscuit Sandwich <i>W/ Canadian Bacon,</i> Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich <i>Egg, Cheese</i> Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Southwestern Omelet <i>Peppers & Onions</i> Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	
28 Monday	29 Tuesday	30 Wednesday	31 Thursday		
Pancakes <i>Scrambled Eggs</i> Krispie Rice Cereal Pears Milk Orange Juice	Biscuit & Gravy <i>Sausage Patty</i> Cottage Cheese Fruit Cocktail Milk Apple Juice	French Toast <i>T Sausage Links</i> SF Syrup Pears Milk Tropical Fruit Juice	Oatmeal <i>Scrambled eggs</i> Potato Pancakes Orange Juice Milk Orange		