Ohio Congregate Lunch		Oct-24	Approved by:	
MONDAY	1 TUESDAY	2 WEDNESDAY	3 THURSDAY	4 FRIDAY
	CINCINNATI CHILI 3	SLOPPY JOE	CHEESEBURGER	CHICKEN ALFREDO PENNE
	WAYS			
	OR	OR	OR	
	MEATBALL MARINARA	PORK BBQ	BREADED CHICKEN PATTY	LASAGNA ROLLUPS W/ MEAT SAUCE
	CORN & BLACK BEANS	GREEN BEANS	BROCCOLI	ITALIAN VEGETABLES
	SPAGHETTI	BABY BAKERS	POTATO WEDGES	APPLE CRISP
		HAMBURGER BUN	BUN	
	ORANGE JUICE OYSTER CRACKERS	TROPICAL FRUIT JUICE CHEESE ITS	GRAPE JUICE CHOCOLATE CAKE LS	APPLE JUICE SNACK BAR
7 MONDAY	8 TUESDAY	9 WEDNESDAY	10 THURDAY	11 FRIDAY
	MEATLOAF & BROWN	CRANBERRY GREENS SALAD-		
GRILLED SAUSAGE	GRAVY	CHICKEN	SALISBURY STEAK/GRAVY	HAM & BEANS
OR	OR	OR	OR	OR
BEEF PATTY	TURKEY & GRAVY	CRANBERRY GREENS SALAD- TURKEY	GRILLED CHICKEN	SLOPPY JOE
POTATO WEDGES	MASHED POTATOES	MIXED GREENS & MOZZ CHEESE	GREEN BEANS	SPINACH
MIXED VEGETABLES	CARROTS	GRAPE TOMATOES	CORN	SWEET POTATO CUBES
SLICED BREAD	SLICED BREAD	UNSALTED CRACKERS	SLICED BREAD	BUN/BREAD
TROPICAL FRUIT JUICE	APPLE	DRIED CRANBERRIES	APPLE JUICE	PEARS
PUDDING	BANANA BREAD LS	GRAPE JUICE	RITZ BITZ	SUNCHIPS
14 MONDAY	15 TUESDAY	16 WEDNESDAY	17 THURSDAY	18 FRIDAY
CHEESEBURGER	CHICKEN SALAD	CHICKEN STRIPS w/Dipping	CINCINNATI CHILI 3 WAYS	PORK BBQ
OR	SANDWICH OR	Sauce OR	OR	OR
GRILLED VEGGIE		UN		
CHEESEBURGER		SLICED HAM	MEATBALL MARINARA	
CARROTS RED POTATOES	POTATO SALAD THREE BEAN SALAD		SPAGHETTI	BABY BAKERS MIXED VEGETABLES
BUN	SLICED BREAD	SLICED BREAD		BUNS
APPLE JUICE	PEACHES	MIXED FRUIT	ORANGE JUICE	FRUIT JUICE
OATMEAL CREAM PIE	COOKIES	RITZ BITZ	OYSTER CRACKERS	BROWNIE LS
21 MONDAY	22 TUESDAY	23 WEDNESDAY	24 THURSDAY	25 FRIDAY
CHEF SALAD TURKEY	HERBED CHICKEN PATTY	MEATLOAF BROWN GRAVY	SALISBURY STEAK/GRAVY	CHICKEN WING DINGS W/BBO SAUCE
OR	OR	OR	OR	OR
CHEF SALAD HAM	GRILLED SAUSAGE	TURKEY & GRAVY	GRILLED CHICKEN	HAM AND BEANS
LETTUCE, EGG, CHEESE	MACARONI & CHEESE	ROASTED BABY BAKERS	SWEET POTATO CUBES	AUGRATIN POTATOES
TOMATOES	COLLARD GREENS	MIXED VEGETABLES	MIXED BERRY CRISP	GREEN BEANS
FRESH FRUIT	SLICED BREAD	SLICED BREAD	SLICED BREAD	SLICED BREAD
CRACKERS	APPLE JUICE	APPLE	BANANA	PEACHES
TROPICAL FRUIT JUICE	PINEAPPLE	RITZ BITZ	SNACK BAR	COOKIES/PB COOKIE LS
GRANOLA BAR				
28 MONDAY	29 TUESDAY	30 WEDNESDAY	31 THURSDAY	
CHICKEN ALFREDO PENNE	GRILLED CHICKEN	CHEESEBURGER	TEXAS CHILI	
OR	OR	OR	OR	
LASAGNA ROLLUPS W/ MEAT SAUCE	COUNTRY FRIED STEAK w/GRAVY	BREADED CHICKEN PATTY	WHITE CHICKEN CHILI	
ITALIAN VEGETABLES	SCALLOPED POTATOES	BROCCOLI	BUTTERED CORN	
APPLE CRISP	CALIFORNIA VEGGIES	POTATO WEDGES	CHEDDAR CHEESE	
SLICED BREAD	SLICED BREAD	BUN	APPLE CIDER	
APPLE JUICE	APPLE	GRAPE JUICE	ORANGE	
SNACK BAR	COOKIE	BROWNIE		
			SCARY PUDDING CUPS	