Ohio Congregate Breakfast Menu



JULY 2023

513-244-0660

Approved by:_____

313-277-0000			Approved by	
3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Biscuit & Gravy		Cheese Omelet	French Toast	Oatmeal
Sausage Patty	Happy +	Breakfast Potato	T Sausage Links	Scrambled eggs
Cottage Cheese	* 4th of * 1 LIV *	Cheerios	SF Syrup	Potato Pancakes
Fruit Cocktail	🗗 *July* 🚜	Mix Fruit	Diced Pears	Orange
Milk		Milk	Milk	Milk
Apple Juice		Apple Juice	Tropical Fruit Juice	Orange Juice
10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY
Southwestern Omelet	French Toast	Biscuit Sandwich	Biscuit & Gravy	Egg Sandwich
Peppers & Onions	T Sausage Links	W/ Canadian Bacon,	Sausage Patty	Egg, Cheese
Wheat Bread	SF Syrup	Egg & Cheese	Cottage Cheese	Turkey Bacon
Margarine	Diced Pears	Breakfast Potatoes	Fruit Cocktail	English Muffin
Pineapple Tibits	Milk	Mix Fruit	Milk	Breakfast Potatoes
Milk	Tropical Fruit Juice	Milk	Apple Juice	Milk
Tropical Fruit Juice		Grape Juice		Fresh Fruit
17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY
Oatmeal	French Toast	Egg, Cheese	Pancakes	Cheese Omelet
Scrambled eggs	T Sausage Links	Canadian Bacon	Scrambled Eggs	Potato Pancakes
Potato Pancakes	SF Syrup	English Muffin	SF Syrup	Cheerios
Orange Juice	Diced Pears	Krispie Rice Cereal	Pears	Mix Fruit
Milk	Milk	Orange	Milk	Milk
Orange	Tropical Fruit Juice	Milk	Apple Juice	Apple Juice
		Grape Juice		
24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY
Biscuit Sandwich	French Toast	Biscuit & Gravy	Egg Sandwich	Oatmeal
W/ Canadian Bacon,	T Sausage Links	Sausage Patty	Egg, Cheese	Scrambled eggs
Egg & Cheese	SF Syrup	Cottage Cheese	Turkey Bacon	Potato Pancakes
Breakfast Potatoes	Diced Pears	Fruit Cocktail	English Muffin	Orange Juice
Mix Fruit	Milk	Milk	Breakfast Potatoes	Milk
Milk	Tropical Fruit Juice	Apple Juice	Milk	Orange
Grape Juice			Fresh Fruit	
31 FRIDAY				
Biscuit & Gravy				
Sausage Patty				
Cottage Cheese				
Fruit Cocktail				
Milk				
Apple Juice				