Ohio Congregate Breakfast Menu 513-244-0660



AUGUST 2023

Approved by:___

313-244-0000				
	1 TUESDAY	2 WEDNESDAY	3 THURSDAY	4 FRIDAY
	Egg, Cheese	Cheese Omelet	French Toast	Oatmeal
	Canadian Bacon	Breakfast Potato	T Sausage Links	Scrambled eggs
	English Muffin	Cheerios	SF Syrup	Potato Pancakes
	Krispie Rice Cereal	Mix Fruit	Diced Pears	Orange
	Orange Juice	Milk	Milk	Milk
	Milk	Apple Juice	Tropical Fruit Juice	Orange Juice
	Grape Juice			
7 MONDAY	8 TUESDAY	9 WEDNESDAY	10 THURSDAY	11 FRIDAY
Southwestern Omelet	French Toast	Biscuit Sandwich	Biscuit & Gravy	Egg Sandwich
Peppers & Onions	T Sausage Links	W/ Canadian Bacon,	Sausage Patty	Egg, Cheese
Wheat Bread	SF Syrup	Egg & Cheese	Cottage Cheese	Turkey Bacon
Margarine	Diced Pears	Breakfast Potatoes	Fruit Cocktail	English Muffin
Pineapple Tibits	Milk	Mix Fruit	Milk	Breakfast Potatoes
Milk	Tropical Fruit Juice	Milk	Apple Juice	Milk
Tropical Fruit Juice		Grape Juice		Fresh Fruit
14 MONDAY	15 TUESDAY	16 WEDNESDAY	17 THURSDAY	18 FRIDAY
Oatmeal	French Toast	Cheese Omelet	Pancakes	Egg, Cheese
Scrambled eggs	T Sausage Links	Potato Pancakes	Scrambled Eggs	Canadian Bacon
Potato Pancakes	SF Syrup	Cheerios	SF Syrup	English Muffin
Orange Juice	Diced Pears	Fresh Orange	Pears	Krispie Rice Cereal
Milk	Milk	Milk	Milk	Orange
Orange	Tropical Fruit Juice	Apple Juice	Apple Juice	Milk
				Grape Juice
21 MONDAY	22 TUESDAY	23 WEDNESDAY	24 THURSDAY	25 FRIDAY
Biscuit Sandwich	French Toast	Biscuit & Gravy	Egg Sandwich	Oatmeal
W/ Canadian Bacon,	T Sausage Links	Sausage Patty	Egg, Cheese	Scrambled eggs
Egg & Cheese	SF Syrup	Cottage Cheese	Turkey Bacon	Potato Pancakes
Breakfast Potatoes	Diced Pears	Fruit Cocktail	English Muffin	Orange Juice
Mix Fruit	Milk	Milk	Breakfast Potatoes	Milk
Milk	Tropical Fruit Juice	Apple Juice	Milk	Orange
Grape Juice			Fresh Fruit	_
28 MONDAY	29 TUESDAY	30 WEDNESDAY	31 THURSDAY	
Biscuit & Gravy	Egg, Cheese	Cheese Omelet	French Toast	
Sausage Patty	Canadian Bacon	Breakfast Potato	T Sausage Links	
Cottage Cheese	English Muffin	Cheerios	SF Syrup	
Fruit Cocktail	Krispie Rice Cereal	Mix Fruit	Diced Pears	
Milk	Orange Juice	Milk	Milk	
Apple Juice	Milk	Apple Juice	Tropical Fruit Juice	
	Grape Juice			