Aug-23

513-244-0660

MEALS WHEE

Approved by:

4 Friday 1 Tuesday 2 Wednesday 3 Thursday 6 Saturday Pot Roast Spaghetti & Meatballs Cheeseburger/ No bun Cheeseburger Meatloaf C. Fried Steak w/ Gravv Sweet Potato Puff **Parslied Noodles** Spinach **Baby Bakers Peas and Carrots** Mixed Berry Crisp **Collard Greens** Italian Vegetables California Vegetables Mashed Potatoes Slice of Bread Slice of bread Slice of Bread Slice of Bread **Diced Pears** Mixed fruit cup **Mandarin Oranges** Pineapple Cup Orange Juice **Cranberry Juice Graham crackers Brownie** Choc Crème Cookie **Towne House Crackers** Cheese it crackers 7 Sunday 8 Monday 9 Tuesday 10 Wednesday 11 Thursday 12 Friday 13 Saturday Pork BBQ **Boneless Chicken Bites Cheese Omelet** Country Ham Baked Chicken/Gravv Cincinnati Chili & Spag. Country Fried Steak **Sweet Potato Cubes** Shredded cheese Au gratin Potatoes Hash Brown Patty Herb Dressing **Scalloped Potatos Garlic Potatoes** Capri Blend Vegetables **Broccoli & Cauliflower** Corn & Black Beans California Vegetables Carrots **Mixed Vegetables Peach Crisp** Slice of bread Cinnamon Apples Orange Juice **Apple Juice Grape Juice** Cranberry Juice **Tropical Fruit Juice Diced Peaches** Mandarin Oranges Choc Crème Cookie **Fruit Cup** Oyster crackers **Graham Cracker** Brownie Fruit Cup Snack Bar 14 Sunday 15 Monday 16 Tuesday 17 Wednesday 18 Thursday 19 Friday 20 Saturday **BBQ Chicken Bites** Grilled Sausage w/ Meatloaf w/ Gravy Chicken Alfredo & Flamed Broiled Steak Ham and Beans **Biscuits and Gravy** Roasted New Potatoes onions and peppers **Mashed Potatoes** Penne Pasta Roasted Baby Bakers Spinach Mini Potato Pancakes **Seasoned Potato Wedges** Sliced Carrots **Tator Tots** California Vegetables Carrots Mixed Vegetables **Turkey Sausage** Slice of bread **Mixed Vegetables** Slice of Bread Broccoli Slice of Bread slice of bread Cranberry Juice **Diced Peaches** Orange juice **Applie Juice Tropical Fruit Juice Peaches Applesause Diced Pears Fruit Cup** Snack Bar Ritz Bitz Sun Chips Mixed Fruit Cup **Brownie** Sun Chips 21 Sunday 22 Monday 23 Tuesday 24 Wednesday 25 Thursday 26 Friday 27 Saturday Pot Roast Lasagna w/ Meat Sauce Cincinnati Chili & Spaghetti Chicken Strips Sloppy Joe/ No bun Sliced Turkey & Gravy **Pancakes Redskin Potatoes** Italian Vegetables Shredded cheese Italian mixed vegetables Green Beans Dressing Mini Potato Pancakes Carrots Apple Crisp Corn & Black Beans **Tater Barrels** Baby Bakers Green Beans Turkey sausage links Slice of bread Slice of Bread Cinnamon Apples Slice of bread Slice of Bread Slice of Bread Fruit Cup Orange Juice Apple juice Oyster crackers Cranberry Juice **Tropical Fruit Juice Grape Juice** Apple Juice **Graham Crackers** Ritz Bitz Choc Crème Cookie Fruit Cup Choc Crème Cookie Cheese it crackers **Diced Pears** 28 Sunday 29 Monday 30 Tuesday 31 Wednesday Pork BBQ Salisbury Steak/Gravy Cheeseburger/ No bun Pot Roast **Garlic Redskin Potatoes Parslied Potatoes Parslied Noodles Sweet Potato Puff Collard Greens** Carrots Mixed Vegetables Mixed Berry Crisp Slice of bread Slice of Bread Slice of Bread Slice of bread **Grape Juice Peaches** Mandarin Oranges Pineapple Cup Sun Chips Granola Bar **Graham crackers Brownie**