## Ohio Congregate Breakfast Menu



## March 2023

513-244-0660				
		1 Wednesday	2 Thursday	3 Friday
6 Monday	7 Tuesday	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice 8 Wednesday	French Toast Cheesy Eggs Turkey Sausage Link SF syrup Diced Pears Milk Orange Juice 9 Thursday	Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice 10 Friday
Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice	Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
Scrambled Eggs Pancakes Turkey Bacon Raisin Bran Fruit Cocktail Milk Apple	Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice	Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Orange Juice Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
Egg, Cheese Canadian Bacon English Muffin Krispie Rice Cereal Orange Juice Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Cheese Omelet Breakfast Potato Cheerios Mix Fruit Milk Apple Juice	Oatmeal Scrambled eggs Potato Pancakes Orange Milk Orange Juice	Pancakes T Sausage Links SF Syrup Pineapple Tibits Milk Tropical Fruit Juice
27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Breakfast Potatoes Mix Fruit Milk Grape Juice	French Toast T Sausage Links SF Syrup Diced Pears Milk Tropical Fruit Juice	Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Breakfast Potatoes Milk Fresh Fruit	Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tibits Milk Tropical Fruit Juice