Ohio Congregate Breakfast Menu 513-244-0660



January 2023

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
CLOSED	Biscuit & Gravy	Pancakes	Scrambled Eggs	French Toast
	Sausage Patty	T Sausage Patties	Pancakes	Cheesy Eggs
Нарру	Cottage Cheese	Low Fat Vanilla Yogurt	Turkey Bacon	Turkey Sausage Link
New Year	Fruit Cocktail	SF syrup	Raisin Bran	SF syrup
AND	Milk	Mixed Berries	Fruit Cocktail	Diced Pears
	Apple Juice	Milk	Milk	Milk
		Grape Juice	Apple	Orange Juice
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
Biscuit Sandwich	Egg Sandwich	Southwestern Omelet	Biscuit Sandwich	French Toast
w/ Egg, Cheese &	Egg, Cheese	Peppers & Onions	W/ Canadian Bacon,	T Sausage Links
Turkey Sausage	Turkey Bacon	Wheat Bread	Egg & Cheese	SF Syrup
Breakfast Potato	English Muffin	Margarine	Breakfast Potatoes	Diced Pears
Peaches	Breakfast Potatoes	Pineapple Tibits	Mix Fruit	Milk
Milk	Milk	Milk	Milk	Tropical Fruit Juice
	Fresh Fruit	Tropical Fruit Juice	Grape Juice	
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
CLOSED	Biscuit & Gravy	Oatmeal	Egg, Cheese	French Toast
	Sausage Patty	Scrambled eggs	Canadian Bacon	T Sausage Links
MARTIN LUTHER KING JR	Cottage Cheese	Potato Pancakes	English Muffin	SF Syrup
	Fruit Cocktail	Orange	Krispie Rice Cereal	Diced Pears
RAV	Milk	Milk	Orange Juice	Milk
	Apple Juice	Orange Juice	Milk	Tropical Fruit Juice
	Orange Juice		Grape Juice	
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
Biscuit & Gravy	Egg, Cheese	French Toast	Scrambled Eggs	Oatmeal
Sausage Patty	Canadian Bacon	T Sausage Links	Pancakes	Scrambled eggs
Cottage Cheese	English Muffin	SF Syrup	Turkey Bacon	Potato Pancakes
Fruit Cocktail	Krispie Rice Cereal	Diced Pears	Raisin Bran	Orange
Milk	Orange Juice	Milk	Fruit Cocktail	Milk
Apple Juice	Milk	Tropical Fruit Juice	Milk	Orange Juice
Orange Juice	Grape Juice		Apple	
30 Monday	31 Tuesday			
Pancakes	Biscuit Sandwich			
T Sausage Links	W/ Canadian Bacon,			
SF Syrup	Egg & Cheese			
Pineapple Tibits	Breakfast Potatoes			
Milk	Mix Fruit			
Tropical Fruit Juice	Milk			
	Grape Juice			