

Ohio Congregate Lunch

Feb-23

513-244-0660

Monday	Tuesday	1 Wednesday	2 Thursday	3 Friday
		CHICKEN TERIYAKI	HAM AND BEANS	MANDARIN ORANGE SALAD-CHICKEN
		or	OR	OR
		BEEF TERIYAKI	SLOPPY JOE	MANDARIN ORANGE SALAD-TURKEY
		BROCCOLI CAULIFLOWER BROWN RICE PINEAPPLE FORTUNE COOKIES	SPINACH TATER TOTS SLICED BREAD/BUN DICED PEARS SUNCHIPS	MIXED GREENS & MOZZARELLA CHEESE GRAPE TOMATOES UNSALTED CRACKERS SALAD DRESSING MANDARIN ORANGES GRAHAM CRACKER
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
LASAGNA ROLLUPS W/ MEAT SAUCE	CHEESEBURGER MEATLOAF	SLOPPY JOE	CHICKEN SALAD SANDWICH	CININNATI CHILI & SHREDDED CHEESE
OR	OR	OR	OR	OR
CHICKEN ALFREDO PENNE	CHICKEN PATTY	PORK BBQ	TURKEY SANDWICH	MEATBALLS MARINARA
ITALIAN VEGETABLES APPLE CRISP SLICE BREAD MARGARINE APPLE JUICE GRAHAM CRACKERS	AUGRATIN POTATOES MIXED VEGETABLES SLICE BREAD MARGARINE DICED PEACHES LORNA DOONES	GREEN BEAN BABY BAKERS HAMBURGER BUN MARGARINE TROPICAL FRUIT JUICE CHEESE ITS	POTATO SALAD COLESLAW SLICE BREAD PEACHES COOKIES	CORN AND BLACK BEANS SPAGHETTI MARGARINE CINNAMON APPLES ORANGE OYSTER CRACKERS
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
MEATLOAF	SHREDDED POT ROAST	SALISBURY STEAK	SPAGHETTI & MEATBALLS	CHICKEN STRIPS
OR	OR	OR	OR	OR
TURKEY & GRAVY	CHICKEN PATTY	GRILLED CHICKEN	HERB BAKED CHICKEN	SLICED HAM
ROASTED BABY BAKERS MIXED VEGEATBLES SLICE BREAD MARGARINE APPLE SNACK BAR	CARROTS RED POTATOES BREAD CRANBERRY JUICE DICED PEARS COOKIES	SWEET POTATO PUFF MIXED BERRY CRISP SLICE BREAD/BUN MARGARINE ORANGE RITZ BITZ	APPLE CINN ITALIAN VEGGIES SLICE BREAD MARGARINE GRAPE JUICE FIG BAR	GARLIC MASHED POTATOES GREEN BEANS SLICE BREAD MARGARINE FRUIT CUP SNACK BAR
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
CHEESEBURGER	CHEF SALAD TURKEY	BREADED POLLOCK	CININNATI CHILI & SHREDDED CHEESE	COUNTRY FRIED STEAK
OR	OR	OR	OR	OR
GRILLED CHICKEN	CHEF SALAD HAM	LASAGNA ROLL UPS w/MEAT SAUCE	MEATBALLS MARINARA	FISH BITES
BROCCOLI TATER BARRELS BUN/BREAD MARGARINE CRANBERRY JUICE BROWNIE	LETTUCE, EGG, CHEESE TOMATOES, BROCCOLI SALAD DRESSING CRACKERS GRAPE JUICE GRANOLA BAR	AUGRATIN POTATOES MIXED VEGETABLES SLICE BREAD MARGARINE DICED PEACHES FIG BAR	CORN AND BLACK BEANS SPAGHETTI MARGARINE CINNAMON APPLES ORANGE OYSTER CRACKERS	SCALLOPED POTATO CALIFORNIA VEGGIES SLICE BREAD MARGARINE CRANBERRY JUICE PUDDING
27 Monday	28 Tuesday			
HAM AND BEANS	SLICED TURKEY & GRAVY			
OR	OR			
SLOPPY JOE	SLICED HAM			
SPINACH TATER TOTS SLICE BREAD MARGARINE APPLESAUCE SUNCHIPS	TRADITIONAL DRESSING CARROTS SLICE BREAD MARGARINE DICED PEARS COOKIE			
				 <p>MEALS on WHEELS SOUTHWEST OH & NORTHERN KY</p>