



Ohio Breakfast Menu

513-244-5485

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange	2 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Potato Cubes Mixed Fruit Milk Orange Juice	6 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice	7 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice	8 Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Potato Cubes Milk Fresh Fruit	9 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	13 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice	14 French Toast T Sausage Links SF Syrup Cinnamon Apples Milk Grape Juice	15 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange	16 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Potato Cubes Mixed Fruit Milk Orange Juice	20 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice	21 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange	22 Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Potato Cubes Milk Fresh Fruit	23 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 French Toast T Sausage Links SF Syrup Cinnamon Apples Milk Grape Juice	27 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	28 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice	29 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice	30 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange

For a list of locations and contact information, visit our website at www.muchmorethanameal.org

Menu is subject to change based on availability. Thank you for understanding.