



September 2026

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	2 French Toast T Sausage Links SF Syrup Cinnamon Apples Milk Orange Juice	3 Pancakes Scrambled Eggs Krispie Rice Cereal Mixed Berries Milk Tropical Fruit Juice	4 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Grape Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice	8 French Toast T Sausage Links SF Syrup Cinnamon Apples Milk Grape Juice	9 Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Potato Cubes Milk Fresh Fruit	10 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice	11 Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Potato Cubes Mixed Fruit Milk Grape Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Egg Sandwich Egg, Cheese Turkey Bacon English Muffin Potato Cubes Milk Fresh Fruit	15 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange	16 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Grape Juice	17 Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Potato Cubes Mixed Fruit Milk Orange Juice	18 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Apple Juice	22 Biscuit Sandwich W/ Canadian Bacon, Egg & Cheese Potato Cubes Mixed Fruit Milk Grape Juice	23 Pancakes Scrambled Eggs Krispie Rice Cereal Pears Milk Orange Juice	24 Biscuit & Gravy Sausage Patty Cottage Cheese Fruit Cocktail Milk Apple Juice	25 Oatmeal Scrambled eggs Hashbrown Tropical Fruit Juice Milk Orange
MONDAY	TUESDAY	WEDNESDAY		
28 French Toast T Sausage Links SF Syrup Cinnamon Apples Milk Orange Juice	29 Pancakes Scrambled Eggs Krispie Rice Cereal Mixed Berries Milk Tropical Fruit Juice	30 Southwestern Omelet Peppers & Onions Wheat Bread Margarine Pineapple Tidbits Milk Grape Juice		

For a list of locations and contact information, visit our website at www.muchmorethanameal.org

Menu is subject to change based on availability. Thank you for understanding.