



Kentucky Hot Menu

513-244-5485

September 2026

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Strips Sweet Potato Cubes Italian Vegetables Pineapple Cup Slice of Bread Nutri Grain Bar	2 Pot Roast Redskin Potatoes Carrots Orange Dinner Roll Choc. Crème Cookie	3 Cheeseburger Sweet Potatoes Mixed Berry Crisp Orange Juice Hamburger Bun	4 Chicken Alfredo w/ Penne Pasta Carrots Broccoli Pear Cup Slice of Bread
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Sloppy Joe Roasted Bakers Green Beans Applesauce Hamburger Bun	8 Turkey Ham & Beans Redskin Potatoes Spinach Peach Cup Slice of Bread Cheez Its	9 Country Fried Steak w/ Gravy Mashed Potatoes Peas & Carrots Peach Cup Slice of Bread	10 Herb Chicken Patty Sweet Potato Cubes Peas Mix Fruit Cup Slice of Bread	11 Lasagna Rollup w/ Meat Sauce Italian Vegetables Apple Crisp Dinner Roll Nutri Grain Bar
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Turkey w/ Gravy Mashed Potatoes Green Beans Pineapple Cup Dinner Roll Loona Doone Cookie	15 Salisbury Steak/ Gravy Parslied Potatoes Mixed Vegetables Strawberry Applesauce Dinner Roll	16 Pork BBQ Redskin Potatoes Carrots Orange Hamburger Bun	17 Boneless Chicken Bites Au Gratin Potatoes Mixed Vegetables Peach Cup Slice of Bread	18 Cincinnati Chili w/ Spaghetti Shredded Cheese Corn & Black Beans Cinnamon Apples Tropical Fruit Juice Oyster Crackers
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 Country Fried Steak Scalloped Potatoes California Veg. Apple Slice of Bread	22 Cheese Meatloaf Baby Bakers California Veg. Tropical Fruit Juice Dinner Roll Nutri Grain Bar	23 Spaghetti & Meatballs Italian Vegetables Spinach Strawberry Applesauce Slice of Bread Nutri Grain Bar	24 Chicken & Rice Carrots Broccoli Apple Juice Slice of Bread Oatmeal Crème Pie	25 Cheese Omelet Hashbrown Peach Crisp Orange Juice Slice of Bread
MONDAY	TUESDAY	WEDNESDAY		
28 Chicken Strips Sweet Potato Cubes Italian Vegetables Pineapple Cup Slice of Bread Nutri Grain Bar	29 Pot Roast Redskin Potatoes Carrots Orange Dinner Roll Choc. Crème Cookie	30 Cheeseburger Sweet Potatoes Mixed Berry Crisp Orange Juice Hamburger Bun		

For a list of locations and contact information, visit our website at www.muchmorethanameal.org

Menu is subject to change based on availability. Thank you for understanding.