

Meals on Wheels		Jun-26		513-244-5485		Daily TR Menu	
	1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY	6 SATURDAY	
MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	
7 SUNDAY	8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY	13 SATURDAY	
Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	
14 SUNDAY	15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY	20 SATURDAY	
Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	
21 SUNDAY	22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY	27 SATURDAY	
Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	
28 SUNDAY	29 MONDAY	30 TUESDAY	31 WEDNESDAY				
Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz				