

Meals on Wheels		May-26	513-244-5485	Daily TR Menu		
					1 FRIDAY	2 SATURDAY
MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING					Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice
3 SUNDAY	4 MONDAY	5 TUESDAY	6 WEDNESDAY	7 THURSDAY	8 FRIDAY	9 SATURDAY
Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding
10 SUNDAY	11 MONDAY	12 TUESDAY	13 WEDNESDAY	14 THURSDAY	15 FRIDAY	16 SATURDAY
Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter
17 SUNDAY	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz
24 SUNDAY	25 MONDAY	26 TUESDAY	27 WEDNESDAY	28 THURSDAY	29 FRIDAY	30 SATURDAY
Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers
30 SATURDAY						
Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz						