



MEALS on WHEELS
SOUTHWEST OH & NORTHERN KY

MENU

KENTUCKY REGULAR MEALS

Please call in your order at least 7 days prior to your delivery (513-244-5485)

BEEF ENTREES

CINCINNATI CHILI

Spaghetti, shredded cheese, corn & black beans, cinnamon apples

COUNTRY FRIED STEAK

Scalloped potatoes, California blend

FLAME BROILED BEEF STEAK

Roasted baby bakers, mixed vegetables

POT ROAST

Parslied noodles, collard greens

SLOPPY JOE

Green beans, baby bakers

MEATLOAF WITH GRAVY

Mashed potatoes, carrots

CHEESEBURGER MEATLOAF

Baby bakers, California mixed vegetables

CHEESEBURGER

Sweet potato cubes, mixed berry crisp

SALISBURY STEAK WITH GRAVY

Parslied potatoes, mixed vegetables

PASTA ENTREES

LASAGNA ROLL UPS WITH MEAT SAUCE

Italian mixed vegetables, apple crisp

SPAGHETTI, SAUCE & MEATBALLS

Italian vegetables, spinach

POULTRY ENTREES

BONELESS CHICKEN BITES

Au gratin potatoes, mixed vegetables

DICED CHICKEN & ALFREDO SAUCE

Penne pasta, carrots, broccoli

CHICKEN STRIPS

Italian mixed vegetables, sweet potato cubes

TURKEY & GRAVY

Mashed potatoes, green beans

TURKEY HAM & BEANS

Spinach, redskin potato

PORK ENTREES

GRILLED SAUSAGE

Onion & peppers, redskin potatoes, mixed vegetables

BREAD

- Wheat bread
- White bread

DAIRY

- Skim milk
- 2% milk
- Chocolate milk
- Cheese

**KEEP THIS MENU HANDY TO LOOK AT WHEN
CALLING TO CHANGE YOUR ORDER**

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.