

Please call in your order at least 7 days prior to your delivery (513-244-5485)

## BEEF ENTREES

### HAMBURGER PATTY

Potato wedges, broccoli, pineapple, gluten free bread

### SWISS STEAK WITH TOMATOES, PEPPERS & ONIONS

Carrots and O'Brien potatoes, applesauce, gluten free bread, margarine

## POULTRY ENTREES

### FRIED EGG & TURKEY SAUSAGE

Red skin potatoes, green beans, 100% orange juice, gluten free bread, margarine

### GRILLED CHICKEN BREAST

Green beans, squash, pears, gluten free bread, margarine

## DAIRY

- Skim milk
- 1% milk
- 2% milk
- Chocolate milk
- Cheese

## PORK ENTREES

### HAWAIIAN PINEAPPLE HAM

Peas, mashed sweet potatoes, peaches, gluten free bread, margarine

**KEEP THIS MENU HANDY TO LOOK AT WHEN  
CALLING TO CHANGE YOUR ORDER**

CUSTOMER CARE  
513-244-5485  
[meals@muchmorethanameal.org](mailto:meals@muchmorethanameal.org)

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.