

KY TR Menu
513-244-0660
Diabetic/Cardiac
Friendly



January
2026

			1 THURSDAY	2 FRIDAY
MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING			Pot Roast Noodles Collard Greens Slice of Bread Diced Peaches SF Choc Chip Cookie	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Apple Juice Club Crackers
5 MONDAY	6 TUESDAY	7 WEDNESDAY	8 THURSDAY	9 FRIDAY
Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Country Fried Steak Scalloped Potatoes Cailifornia Vegetables Slice of Bread Peaches SF Choc Chip Cookie	Pot Roast Noodles Collard Greens Slice of Bread Diced Peaches SF Choc Chip Cookie
12 MONDAY	13 TUESDAY	14 WEDNESDAY	15 THURSDAY	16 FRIDAY
Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Apple Juice SF Choc Chip Cookie	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Grape Juice SF Pudding	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter
19 MONDAY	20 TUESDAY	21 WEDNESDAY	22 THURSDAY	23 FRIDAY
Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Apple Juice Club Crackers	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Pot Roast Noodles Collard Greens Slice of Bread Diced Peaches SF Choc Chip Cookie
26 MONDAY	27 TUESDAY	28 WEDNESDAY	29 THURSDAY	30 FRIDAY
Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Apple Juice Club Crackers	Pot Roast Noodles Collard Greens Slice of Bread Diced Peaches SF Choc Chip Cookie	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears Ritz Bitz	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Grape Juice SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie