

Meals on Wheels		Feb-26	513-244-5485	Daily TR Menu				
1 SUNDAY	2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY	7 SATURDAY		
Turkey & Gravy	Herbed Baked Chicken	Homestyle Meatloaf	Salisbury Steak	Turkey Ham and Beans	Spaghetti & Meatballs w/Marinara	Salisbury Steak		
Mashed Potatoes	Sweet Potato Cubes	Sweet Potato Patty	Mashed Potatoes	Spinach	Green Beans	Mashed Potatoes		
Green Beans	Green Peas	Oregon Blend Vegetables	Green Beans	Red Skin Potatoes	Sice of Bread	Green Beans		
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Tropical Fruit Juice	Slice of Bread		
Diced Pears	Apple Juice	Tropical Fruit Juice	Sun Butter	Applesauce	SF Pudding	Sun Butter		
SF Pudding	SF Lemon Cookie	Sun Butter	Grape Juice	Ritz Bitz		Grape Juice		
8 SUNDAY	9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY	14 SATURDAY		
Pot Roast	Chicken Strips	Cincinnati Chili & Spaghetti	Turkey & Gravy	Cheeseburger Meatloaf	Herbed Baked Chicken	Homestyle Meatloaf		
Parslied Noodles	Italian Mixed Vegetables	Corn	Mashed Potatoes	Baby Bakers	Sweet Potato Cubes	Sweet Potato Patty		
Collard Greens	Sweet Potato Cubes	Cinnamon Apples	Green Beans	California Vegetables	Green Peas	Oregon Blend Vegetables		
Slice of bread	Slice of Bread	Oyster Crackers	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread		
Pineapple Cup	Mixed Fruit Cup	Grape Juice	Diced Pears	Orange Juice	Apple Juice	Tropical Fruit Juice		
Brownie	Club Crackers		SF Pudding	Towne House Crackers	SF Lemon Cookie	Sun Butter		
15 SUNDAY	16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY	21 SATURDAY		
Salisbury Steak	Turkey Ham and Beans	Spaghetti & Meatballs w/Marinara	Pot Roast	Chicken & Rice w/Gravy	Herbed Baked Chicken	Cincinnati Chili & Spaghetti		
Mashed Potatoes	Spinach	Green Beans	Parslied Noodles	Carrots	Sweet Potato Cubes	Corn		
Green Beans	Red Skin Potatoes	Sice of Bread	Collard Greens	Broccoli	Green Peas	Cinnamon Apples		
Slice of Bread	Slice of Bread	Tropical Fruit Juice	Slice of bread	Slice of Bread	Slice of Bread	Oyster Crackers		
Sun Butter	Applesauce	SF Pudding	Pineapple Cup	Applesauce	Apple Juice	Grape Juice		
Grape Juice	Ritz Bitz		Brownie	Ritz Bitz	SF Lemon Cookie			
22 SUNDAY	23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY	28 SATURDAY		
Turkey & Gravy	Cheeseburger Meatloaf	Herbed Baked Chicken	Turkey Ham and Beans	Spaghetti & Meatballs w/Marinara	Pot Roast	Salisbury Steak		
Mashed Potatoes	Baby Bakers	Sweet Potato Cubes	Spinach	Green Beans	Parslied Noodles	Mashed Potatoes		
Green Beans	California Vegetables	Green Peas	Red Skin Potatoes	Sice of Bread	Collard Greens	Green Beans		
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Tropical Fruit Juice	Slice of bread	Slice of Bread		
Diced Pears	Orange Juice	Apple Juice	Applesauce	SF Pudding	Pineapple Cup	Sun Butter		
SF Pudding	Towne House Crackers	SF Lemon Cookie	Ritz Bitz		Brownie	Grape Juice		
							MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING	