

<b>KY TR Menu</b> <b>513-244-0660</b> <b>Diabetic/Cardiac</b> <b>Friendly</b>				<b>February</b> <b>2026</b>
				
<b>2 MONDAY</b>	<b>3 TUESDAY</b>	<b>4 WEDNESDAY</b>	<b>5 THURSDAY</b>	<b>6 FRIDAY</b>
Cincinnati Chili & Spaghetti Corn  Cinnamon Apples  Oyster Crackers Grape Juice	Country Fried Steak Scalloped Potatoes  California Vegetables  Slice of Bread Peaches  SF Choc Chip Cookie	Pot Roast Noodles  Collard Greens  Slice of Bread Diced Peaches  SF Choc Chip Cookie	Turkey & Gravy Mashed Potatoes  Green Beans  Slice of Bread Diced Pears  SF Pudding	Cheeseburger Meatloaf Baby Bakers  California Vegetables  Slice of Bread Apple Juice  SF Choc Chip Cookie
<b>9 MONDAY</b>	<b>10 TUESDAY</b>	<b>11 WEDNESDAY</b>	<b>12 THURSDAY</b>	<b>13 FRIDAY</b>
Chicken Strips  Italian Mixed Vegetables  Sweet Potato Cubes  Slice of Bread Mixed Fruit Cup Club Crackers	Spaghetti & Meatballs w/Marinara  Green Beans  Sice of Bread  Grape Juice SF Pudding	Homestyle Meatloaf  Sweet Potato Patty  Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Cincinnati Chili & Spaghetti  Corn  Cinnamon Apples  Oyster Crackers Grape Juice	Ham and Beans  Spinach  Red Skin Potatoes  Slice of Bread Applesauce Ritz Bitz
<b>16 MONDAY</b>	<b>17 TUESDAY</b>	<b>18 WEDNESDAY</b>	<b>19 THURSDAY</b>	<b>20 FRIDAY</b>
Herbed Baked Chicken  Sweet Potato Cubes  Green Peas  Slice of Bread Apple Juice  SF Lemon Cookie	Homestyle Meatloaf  Sweet Potato Patty  Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice  Sun Butter	Pot Roast  Noodles  Collard Greens  Slice of Bread Diced Peaches  SF Choc Chip Cookie	Cheeseburger Meatloaf  Baby Bakers  California Vegetables  Slice of Bread Apple Juice  Club Crackers	Turkey & Gravy  Mashed Potatoes  Green Beans  Slice of Bread Diced Pears  Ritz Bitz
<b>23 MONDAY</b>	<b>24 TUESDAY</b>	<b>25 WEDNESDAY</b>	<b>26 THURSDAY</b>	<b>27 FRIDAY</b>
Spaghetti & Meatballs w/Marinara  Green Beans Sice of Bread Grape Juice SF Pudding	Herbed Baked Chicken  Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Cincinnati Chili & Spaghetti  Corn Cinnamon Apples Oyster Crackers Grape Juice	Country Fried Steak  Scalloped Potatoes California Vegetables Slice of Bread Peaches SF Choc Chip Cookie	Chicken Strips  Italian Mixed Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers
<b>MENU SUBJECT TO  CHANGE BASED  ON AVAILABILITY  THANK YOU FOR  UNDERSTANDING</b>				