

February 2026

VIRTUAL (IN BLACK)
IN-PERSON (IN BLUE)
RSVP (IN RED)

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2	3	4	5	6	7
	9:30 – 10 AM: Mindful Mornings 11 AM – 12 PM: Tai Chi Qigong Shibashi 11:30 AM – 12:30 PM: Sr Exercise 1 – 3 PM: Booth Social Club	12 – 1 PM: Ageless Yoga 1 – 2:30 PM: Popcorn & Perspectives 2 – 2:45 PM: Tai Chi 3:30 – 4:30 PM: Brain Games	10 AM – 12 PM: Cambridge Arms Social Club 11:30 AM – 12:30 PM: Sr Exercise 2 – 3 PM: Spanish Club: Beginner	10 – 11 AM: Chair Yoga 12 – 1 PM: Zentangle 2 – 3 PM: Strength Training 2 – 3 PM: Hillcrest Spanish Club	9:30 – 10 AM: Mindful Mornings 10:30 – 11:30 AM: Sr Exercise	
8	9	10	11	12	13	14
	9:30 – 10 AM: Mindful Mornings 11 AM – 12 PM: Tai Chi Qigong Shibashi 11:30 AM – 12:30 PM: Sr Exercise 1 – 2 PM: Senior Self Care Series: The Hands That Built Us	12 – 1 PM: Ageless Yoga 1 – 2:30 PM: Popcorn & Perspectives 2 – 2:45 PM: Tai Chi 3:30 – 4:30 PM: Brain Games	11 AM – 12 PM: Chess 11:30 AM – 12:30 PM: Sr Exercise 2 – 3 PM: Spanish Club: Beginner	10 – 11 AM: Chair Yoga 12 – 1 PM: Zentangle 2 – 3 PM: Strength Training 1 – 3 PM: Page Towers Social Club	9:30 – 10 AM: Mindful Mornings 10:30 – 11:30 AM: Sr Exercise 10 AM – 12 PM: Senior Artist Cohort 2 – 3 PM: Tech Talks: Smartphone Photography	
15	16	17	18	19	20	21
	9:30 - 10 AM: Mindful Mornings 11 AM – 12 PM: Tai Chi Qigong Shibashi 11:30 AM – 12:30 PM: Sr Exercise 1:30 – 3 PM: Art with Abrakadoodle	12 – 1 PM: Ageless Yoga 1 – 2:30 PM: Popcorn & Perspectives 2 – 2:45 PM: Tai Chi 3:30 – 4:30 PM: Brain Games	10 AM – 12 PM: Hillcrest Social Club 11:30 AM – 12:30 PM: Sr Exercise 2 – 3 PM: Spanish Club: Beginner	10 – 11 AM: Chair Yoga 12 – 1 PM: Zentangle 2 – 3 PM: Strength Training 1 – 2 PM: Hillcrest Self Care 2 – 3 PM: Hillcrest Spanish Club	9:30 – 10 AM: Mindful Mornings 10:30 – 11:30 AM: Sr Exercise 11:30 AM – 1 PM: Chicken On The Run	
22	23	24	25	26	27	28
	9:30 - 10 AM: Mindful Mornings 11 AM – 12 PM: Tai Chi Qigong Shibashi 11:30 AM – 12:30 PM: Sr Exercise 11:30 AM – 3 PM: Dominoes Divas & Dudes	12 – 1 PM: Ageless Yoga 1 – 2:30 PM: Popcorn & Perspectives 2 – 2:45 PM: Tai Chi 3:30 PM – 4:30 PM: Brain Games	11 AM – 12 PM: Chess 11:30 AM – 12:30 PM: Sr Exercise 2 – 3 PM: Spanish Club: Beginner	10 – 11 AM: Chair Yoga 12 – 1 PM: Zentangle 2 – 3 PM: Strength Training 1 – 3 PM: Courtyard Social Club	9:30 – 10 AM: Mindful Mornings 10:30 – 11:30 AM: Sr Exercise 11:30 AM – 1 PM: Library Lunch & Learn: African American Experience in Music Hall	