1800NAY   2   1800NAY   2   1800NAY   3   3   3   3   4   1800NAY   5   5   5   5   5   5   5   5   5	Meals on Wheels	Dec-25	513-244-5485	Daily Menu			
Garic Redskin Potatoes Carrots Sice of brand Grap - Juice Sice of brand Peachee Mand-Troiting Sice of Brand Peachee Mand-Troiting Sice of Brand Minary Strusson Townships Toylical First Luice Townships Toylical First Luice Townships Toylical First Luice Townships Toylical First Luice Townships Townshi		1 MONDAY		·	4 THURSDAY	5 FRIDAY	6 SATURDAY
Garic Redskin Potatoes Carrots Sice of brand Grap - Juice Sice of brand Peachee Mand-Troiting Sice of Brand Peachee Mand-Troiting Sice of Brand Minary Strusson Townships Toylical First Luice Townships Toylical First Luice Townships Toylical First Luice Townships Toylical First Luice Townships Townshi		Pork BBQ	Salisbury Steak/Gravy	Cheeseburger/ No bun	Pot Roast	Spaghetti & Meatballs	Cheeseburger Meatloaf
Silce of bread Grape Luice   Silce of bread   Mixed mix cup   Crape Julice   Sun Chips   Tropical Fruit Julice   Sun Chips   Sun MoNAY   SUNDAY   SUNDAY		Garlic Redskin Potatoes	Parslied Potatoes	Sweet Potato Puff	Parslied Noodles	Spinach	Baby Bakers
Sun Chips Tropical First Mules Sun Chips Sun Chips Tropical First Mules Sun Chips Sun Chips Sun Chips Tropical First Mules Sun Chips		Carrots	Mixed Vegetables	Mixed Berry Crisp	Collard Greens	Italian Vegetables	California Vegetables
Sun Chips   Tropical Fruit Juice   Grahum crackers   Brownie   Choc Crime Cookle   Towne House Crackers		Slice of bread	Slice of Bread	Slice of Bread	Slice of bread	Slice of Bread	Slice of Bread
C. Fried Stask w Gravy C. Fried Stask w Gravy C. Fried Stask w Gravy Peas and Carrots Mashed Potatoos Capri Bland Vegetables Size of bread Tropical Fruit Julice Chees Increases Company Compa		Grape Juice	Peaches	Mandarin Oranges	Pineapple Cup	Mixed fruit cup	Orange Juice
C. Fried Steak w Gravy Peas and Carrots Sweet Potato Cubes Mashed Potatoes Disced Peast Sice of bread Tropical Fruit Julice Cheese Cheese It crackers Cheese it crackers Disced Peast Tropical Fruit Julice Chicage Bitter Cheese Cheese It crackers Chicage Bitter Cheese Cheese It crackers Chicage Bitter Chicage Bitter Chicage Bitter Chicage Bitter Chicage Bitter Chicage Bitter Chicage Ch		Sun Chips	Tropical Fruit Juice	Graham crackers	Brownie	Choc Crème Cookie	Towne House Crackers
Peas and Carrots Mashed Potatoe Capril Blend Vegetables Diced Pears Diced Pears Tropical Fruit Julic Cheese (Incaders Cheese (Incaders Cheese (Incaders Cheese (Incaders Cheese (Incaders Cheese) (Incaders California Vegetables Silice of bread Chrange juice Carols Silice of bread Chrange juice Silice of bread Chrange juice Cheese (Incaders Cheese) (Incaders Chrange) (Incaders Chrange) (Incaders Cheese) (Inc	7 SUNDAY	8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY	13 SATURDAY
Manhed Potatoes Diced Pears Diced Pears Silce of bread Orange Julice Cheese it crackers C	C. Fried Steak w/ Gravy	Country Ham	Baked Chicken/Gravy	Cincinnati Chili & Spaghetti	Biscuits and Gravy	Boneless Chicken Bites	Cheese Omelet
Diced Pears Tropical Fruil Julice Cheese it crackers Carots Silice of bread Mandarin Oranges Meatloary Clinical Apple Julice Cheese Cheese it crackers Carots Car	Peas and Carrots	Sweet Potato Cubes	Herb Dressing	Shredded cheese	Mini Potato Pancakes	Au gratin Potatoes	Hash Brown Patty
Tropical Fruit Julice Cheese it crackers Chee Crime Cookie Cheese it crackers Cheese it c	Mashed Potatoes	Capri Blend Vegetables	Broccoli & Cauliflower	Corn & Black Beans	Turkey Sausage	Mixed Vegetables	Peach Crisp
Chees it crackers Choc Crime Cookie Fruit Cup Oyster crackers Ritz Bitz Sun Chips Snack Bar 14 SUNDAY 15 MONDAY 16 Monday 17 WEDNESDAY 16 Hamed Broiled Steak 16 Monday 17 WEDNESDAY 17 WEDNESDAY 17 WEDNESDAY 17 WEDNESDAY 17 WEDNESDAY 17 Monday 18	Diced Pears	Slice of bread	slice of bread	Cinnamon Apples	Grape Juice	Slice of Bread	Slice of Bread
BBQ Chicken Bites Grilled Sausage w/ Roasted New Potatoes California Vegetables Silice of bread Orange juice Sun Chips Maked Fruit Cup Sun Chips Redskin Potatoes Carrots Silice of Bread Dicad Peaches Sun Chips Sun Ch	Tropical Fruit Juice	Orange Juice	Apple Juice	Grape Juice	Diced Pears	Diced Peaches	Mandarin Oranges
BBQ Chicken Bites  Grilled Sausage w/ Roasted New Potatoes  California Vegetables Sice of bread Apple Juice Sun Chips 21 SUNDAY Port Roast Carrots Carrots Carrots Carrots Carrots Sice of bread Apple Juice Brownie Redskin Potatoes Carrots Sice of bread Apple Juice Carrots Sice of bread Apple Juice Brownie Redskin Potatoes Carrots Sice of Bread Sulce of Bread Sulce of Bread Sice of Bread Sulce O	Cheese it crackers	Choc Crème Cookie	Fruit Cup	Oyster crackers	Ritz Bitz	Sun Chips	Snack Bar
Roasted New Potatoes onions and peppers Mashed Potatoes Carrots Silice of Bread Silice of Bread Mixed Vegetables Silice of Bread Diced Peaches Diced Peaches Diced Peaches Silice of Bread Sil	14 SUNDAY	15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY	20 SATURDAY
California Vegetables Silice of Bread Orange julce Sun Chips Mixed Vegetables Silice of Bread Orange julce Sun Chips Mixed Vegetables Silice of Bread Orange julce Sun Chips Mixed Vegetables Silice of Bread Orange julce Sun Chips Mixed Papil-Julce Sun Chips Mixed Papil-Julce Sun Chips S	BBQ Chicken Bites	Grilled Sausage w/	Meatloaf w/ Gravy	Chicken Alfredo &	Flamed Broiled Steak	Turkey Ham and Beans	Pork BBQ
Silice of Bread Orange juice Silice of bread & Apple Juice Brownie Fruit Cup Snack Bar Sun Chips	Roasted New Potatoes	onions and peppers	Mashed Potatoes	Penne Pasta	Roasted Baby Bakers	Spinach	Garlic Redskin Potatoes
Orange juice Sun Chips Mixed Fruit Cup Brownie Pruit Cup Snack Bar Sun Chips Snack Bar Snach Bar Sun Chips Snack Bar Snach Bar	California Vegetables	Seasoned Potato Wedges	Carrots	Sliced Carrots	Mixed Vegetables	Red Skin Potatoes	Carrots
Sun Chips  Mixed Fruit Cup  Brownie  Fruit Cup  Snack Bar  Sun Chips  Carrots  Mahed Potatoes  Mini Potato Pancakes  Mini Potato Pancakes  Green Beans  Slice of Bread  Slice of	Slice of bread	Mixed Vegetables	Slice of Bread	Broccoli	Slice of Bread	slice of bread	Slice of bread
21 SUNDAY  22 MONDAY  23 TUESDAY  24 WEDNESDAY  25 THURSDAY  25 THURSDAY  25 THURSDAY  26 FRIDAY  75 SATURDAY  Port Roast  Redskin Potatoes  Italian Vegetables  Apple Crisp  Corn & Black Beans  Slice of Bread  Slice of Bread  Slice of Bread  Choc Crème Cookie  Graham Crackers  Carrots  Apple Juice  Choc Crème Cookie  Carrots  Salisbury Steak/Gravy  Pork BBQ  Salisbury Steak/Gravy  Carrots  Slice of Bread  Slice	Orange juice	Slice of bread & Apple Juice	Diced Peaches	Tropical Fruit Juice	Peaches	Applesauce	Grape Juice
Pot Roast Redskin Potatoes Redskin Potatoes Carrots Apple Crisp Slice of Bread Cranga Juice Choc Crème Cookie Carrots Apple Arics Carrots Apple Arics Choc Crème Cookie Carrots Carrots Apple Arics Choc Crème Cookie Carrots Apple Arics Carrots Apple Arics Choc Crème Cookie Carrots Apple Arics Carrots Apple Arics Choc Crème Cookie Choc Crème Cookie Carrots Apple Arics Carrots Apple Arics Carrots Apple Arics Carrots Apple Arics Apple Arics Choc Crème Cookie Carrots Apple Arics Carrots Apple Arics	Sun Chips	Mixed Fruit Cup	Brownie	Fruit Cup	Snack Bar	Sun Chips	Sun Chips
Redskin Potatoes Carrots Apple Crisp Corn & Black Beans Slice of Bread Orange Juice Choc Crème Cookie Graham Crackers Fruit Cup Fruit Cup Core Beans Sweet Potato Cubes Slice of Bread Slice of Bread Orange Juice Choc Crème Cookie Core Graham Crackers Fruit Cup Pork BBQ Salisbury Steak/Gravy Garlic Redskin Potatoes Sweet Potato Puff Slice of Bread Sli	21 SUNDAY	22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY	27 SATURDAY
Carrots Apple Crisp Slice of Bread Slice of Bread Orange Julice Tropical Fruit Julice Oyster crackers Apple Julice Oyster crackers Apple Julice Oyster crackers Apple Julice Oyster Crokers Oyster Oy	Pot Roast	Lasagna w/ Meat Sauce	Cincinnati Chili & Spaghetti	Chicken Strips	Sloppy Joe/ No bun	Turkey w/ Gravy	Pancakes
Slice of bread Orange Juice Choc Crème Cookie Chese it crackers Diced Pears Diced Pe	Redskin Potatoes	Italian Vegetables	Shredded cheese	Italian Mixed Vegetables	Green Beans	Mashed Potatoes	Mini Potato Pancakes
Orange Juice Choc Crème Cookie Cheese it crackers California Vegetables Californ	Carrots	Apple Crisp	Corn & Black Beans	Sweet Potato Cubes	Baby Bakers	Green Beans	Turkey sausage links
Choc Crème Cookie  Graham Crackers  Fruit Cup  Choc Crème Cookie  Cheese it crackers  Diced Pears  Ritz Bitz  28 SUNDAY  29 MONDAY  30 TUESDAY  31 WEDNESDAY  27 THURSDAY  28 FRIDAY  29 SATURDAY  Pork BBQ  Salisbury Steak/Gravy  Garlic Redskin Potatoes  Carrots  Mixed Vegetables  Slice of Bread  Slice of Bread  Grape Juice  Sun Chips  Tropical Fruit Juice  Graham crackers  Brownie  Choc Crème Cookie  Cheese it crackers  Diced Pears  Ritz Bitz  27 THURSDAY  29 SATURDAY  20 SATURDAY  20 SATURDAY  20 SATURDAY  30 SUB Baker Peas and Carrots  Slice of Bread  Mixed Berry Crisp  Collard Greens  Italian Vegetables  Slice of Bread  Mixed Berry Crisp  Caprible Cup  Mixed Berry Crisp  Choc Crème Cookie  Towne House Crackers  MENU SUBJECT TO CHANGE  BASED ON AVAILABILITY  THANK YOUP FOR  UNDERSTANDING  UNDERSTANDING  UNDERSTANDING	Slice of bread	Slice of Bread	Cinnamon Apples	Slice of bread	Slice of Bread	Slice of Bread	Fruit Cup
Pork BBQ Salisbury Steak/Gravy Cheeseburger/ No bun Pot Roast Spaghetti & Meatballs Cheeseburger Meatloaf C. Fried Steak w/ Gravy Garlic Redskin Potatoes Parslied Potatoes Sweet Potato Puff Parslied Noodles Spinach Baby Bakers Peas and Carrots Carrots Mixed Vegetables Mixed Berry Crisp Collard Greens Italian Vegetables California Vegetables Mashed Potatoes Slice of Bread Diced Pears Grape Juice Peaches Mandarin Oranges Pineapple Cup Mixed fruit cup Orange Juice Tropical Fruit Juice Sun Chips Tropical Fruit Juice Graham crackers Brownie Choc Crème Cookie Towne House Crackers MENU SUBJECT TO CHANGE BASED ON AVAILABILITY Sweet Potato Cubes Capri Blend Vegetables Slice of Bread Apple Juice Slice of bread Apple Juice Apple Juice Apple Juice Slice of bread Apple Juice A	Orange Juice	Tropical Fruit Juice	Oyster crackers	Apple Juice	Tropical Fruit Juice	Grape Juice	Apple Juice
Pork BBQ Salisbury Steak/Gravy Garlic Redskin Potatoes Parslied Potatoes Mixed Vegetables Slice of Bread Grape Juice Sun Chips Tropical Fruit Juice Sun Chips Country Ham Sweet Potato Cubes Capri Blend Vegetables Slice of bread Orange Juice Apple	Choc Crème Cookie	Graham Crackers	Fruit Cup	Choc Crème Cookie	Cheese it crackers	Diced Pears	Ritz Bitz
Garlic Redskin Potatoes Carrots Mixed Vegetables Slice of bread Grape Juice Sun Chips Tropical Fruit Juice Graham crackers  Gorantry Ham Sweet Potato Cubes Capri Blend Vegetables Capri Blend Vegetables Slice of bread Orange Juice Apple Juice Appl	28 SUNDAY	29 MONDAY	30 TUESDAY	31 WEDNESDAY	27 THURSDAY	28 FRIDAY	29 SATURDAY
Carrots Mixed Vegetables Slice of Bread Orange Juice Tropical Fruit Juice Sun Chips Tropical Fruit Juice Graham crackers Brownie Choc Crème Cookie Towne House Crackers Cheese it crackers  30 SUNDAY 31 MONDAY  Country Ham Baked Chicken/Gravy Herb Dressing Sweet Potato Cubes Slice of bread Slice of bread Slice of bread Slice of bread Apple Juice Apple Juice Apple Juice	Pork BBQ	Salisbury Steak/Gravy	Cheeseburger/ No bun	Pot Roast	Spaghetti & Meatballs	Cheeseburger Meatloaf	C. Fried Steak w/ Gravy
Slice of Bread Slice of Bread Grape Juice Peaches Peaches Tropical Fruit Juice Graham crackers Brownie Slice of Bread Slice of Bread Mixed fruit cup Orange Juice Tropical Fruit Juice Choc Crème Cookie Towne House Crackers Cheese it crackers  30 SUNDAY 31 MONDAY  Country Ham Baked Chicken/Gravy Sweet Potato Cubes Capri Blend Vegetables Slice of bread Orange Juice Apple Juice Apple Juice Apple Juice	Garlic Redskin Potatoes	Parslied Potatoes	Sweet Potato Puff	Parslied Noodles	Spinach	Baby Bakers	Peas and Carrots
Grape Juice Peaches Tropical Fruit Juice Graham crackers Brownie Choc Crème Cookie Towne House Crackers Cheese it crackers  30 SUNDAY  31 MONDAY  Country Ham Baked Chicken/Gravy Herb Dressing Capri Blend Vegetables Slice of bread Orange Juice Apple Juice  Apple Juice  Mandarin Oranges Pineapple Cup Mixed fruit cup Choc Crème Cookie Towne House Crackers  Cheese it crackers  MENU SUBJECT TO CHANGE BASED ON AVAILABILITY  THANK YOU FOR UNDERSTANDING	Carrots	Mixed Vegetables	Mixed Berry Crisp	Collard Greens	Italian Vegetables	California Vegetables	Mashed Potatoes
Sun Chips Tropical Fruit Juice Graham crackers Brownie Choc Crème Cookie Towne House Crackers Cheese it crackers  30 SUNDAY 31 MONDAY  Country Ham Baked Chicken/Gravy Sweet Potato Cubes Herb Dressing Capri Blend Vegetables Broccoli & Cauliflower Slice of bread Slice of bread Orange Juice Apple Juice	Slice of bread	Slice of Bread	Slice of Bread	Slice of bread	Slice of Bread	Slice of Bread	Diced Pears
30 SUNDAY 31 MONDAY  Country Ham Baked Chicken/Gravy Sweet Potato Cubes Herb Dressing Capri Blend Vegetables Broccoli & Cauliflower Slice of bread Orange Juice MENU SUBJECT TO CHANGE BASED ON AVAILABILITY THANK YOU FOR UNDERSTANDING	Grape Juice	Peaches	Mandarin Oranges	Pineapple Cup	Mixed fruit cup	Orange Juice	Tropical Fruit Juice
Country Ham Baked Chicken/Gravy Sweet Potato Cubes Herb Dressing Capri Blend Vegetables Broccoli & Cauliflower Slice of bread slice of bread Orange Juice Apple Juice	Sun Chips	Tropical Fruit Juice	Graham crackers	Brownie	Choc Crème Cookie	Towne House Crackers	Cheese it crackers
Sweet Potato Cubes Capri Blend Vegetables Broccoli & Cauliflower Slice of bread Orange Juice Herb Dressing THANK YOU FOR UNDERSTANDING	30 SUNDAY	31 MONDAY					MENU SUBJECT TO CHANGE
Capri Blend Vegetables Broccoli & Cauliflower Slice of bread slice of bread Orange Juice Apple Juice	Country Ham	Baked Chicken/Gravy					BASED ON AVAILABILITY
Slice of bread slice of bread Orange Juice Apple Juice	Sweet Potato Cubes	Herb Dressing					THANK YOU FOR
Orange Juice Apple Juice	Capri Blend Vegetables	Broccoli & Cauliflower					UNDERSTANDING
	Slice of bread	slice of bread					
Choc Crème Cookie Fruit Cup	Orange Juice	Apple Juice					
	Choc Crème Cookie	Fruit Cup					