Meals on Wheels	Nov-25	513-244-5485	TR Daily Menu			
						1 SATURDAY
						Herbed Baked Chicken
						Sweet Potato Cubes
						Green Peas
						Slice of Bread
						Apple Juice
						SF Lemon Cookie
2 SUNDAY	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY
Homestyle Meatloaf	Salisbury Steak	Turkey Ham and Beans	Chicken Strips	Salisbury Steak	Pot Roast	Spaghetti & Meatballs w/Marinara
Sweet Potato Patty	Mashed Potatoes	Spinach	Italian Mixed Vegetables	Mashed Potatoes	Parslied Noodles	Green Beans
Oregon Blend Vegetables	Green Beans	Red Skin Potatoes	Sweet Potato Cubes	Green Beans	Collard Greens	Sice of Bread
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of bread	Tropical Fruit Juice
Tropical Fruit Juice	Sun Butter	Applesauce	Mixed Fruit Cup	Sun Butter	Pineapple Cup	SF Pudding
Sun Butter	Grape Juice	Ritz Bitz	Club Crackers	Grape Juice	Brownie	
9 SUNDAY	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY	15 SATURDAY
Cheeseburger Meatloaf	Chicken & Rice w/Gravy	Turkey & Gravy	Herbed Baked Chicken	Homestyle Meatloaf	Salisbury Steak	Turkey Ham and Beans
Baby Bakers	Carrots	Mashed Potatoes	Sweet Potato Cubes	Sweet Potato Patty	Mashed Potatoes	Spinach
California Vegetables	Broccoli	Green Beans	Green Peas	Oregon Blend Vegetables	Green Beans	Red Skin Potatoes
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Orange Juice	Applesauce	Diced Pears	Apple Juice	Tropical Fruit Juice	Sun Butter	Applesauce
Towne House Crackers	Ritz Bitz	SF Pudding	SF Lemon Cookie	Sun Butter	Grape Juice	Ritz Bitz
16 SUNDAY	17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY	22 SATURDAY
Spaghetti & Meatballs w/Marinara	Salisbury Steak	Pot Roast	Chicken Strips	Cincinnati Chili & Spaghetti	Turkey & Gravy	Chicken Strips
Green Beans	Mashed Potatoes	Parslied Noodles	Italian Mixed Vegetables	Corn	Mashed Potatoes	Italian Mixed Vegetables
Sice of Bread	Green Beans	Collard Greens	Sweet Potato Cubes	Cinnamon Apples	Green Beans	Sweet Potato Cubes
Tropical Fruit Juice	Slice of Bread	Slice of bread	Slice of Bread	Oyster Crackers	Slice of Bread	Slice of Bread
SF Pudding	Sun Butter	Pineapple Cup	Mixed Fruit Cup	Grape Juice	Diced Pears	Mixed Fruit Cup
	Grape Juice	Brownie	Club Crackers		SF Pudding	Club Crackers
23 SUNDAY	24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY	29 SATURDAY
Herbed Baked Chicken	Homestyle Meatloaf	Salisbury Steak	Turkey Ham and Beans	Chicken Strips	Salisbury Steak	Pot Roast
Sweet Potato Cubes	Sweet Potato Patty	Mashed Potatoes	Spinach	Italian Mixed Vegetables	Mashed Potatoes	Parslied Noodles
Green Peas	Oregon Blend Vegetables	Green Beans	Red Skin Potatoes	Sweet Potato Cubes	Green Beans	Collard Greens
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of bread
Apple Juice	Tropical Fruit Juice	Sun Butter	Applesauce	Mixed Fruit Cup	Sun Butter	Pineapple Cup
SF Lemon Cookie	Sun Butter	Grape Juice	Ritz Bitz	Club Crackers	Grape Juice	Brownie
30 SUNDAY					·	

30 SUNDAY

Chicken & Rice w/Gravy
Carrots
Broccoli
Slice of Bread
Applesauce
Ritz Bitz