

Meals on Wheels	Nov-25	513-244-5485	TR Daily Menu			
						1 SATURDAY
						Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie
2 SUNDAY	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY	8 SATURDAY
Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding
9 SUNDAY	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY	15 SATURDAY
Cheeseburger Meatloaf Baby Bakers California Vegetables Slice of Bread Orange Juice Towne House Crackers	Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz
16 SUNDAY	17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY	22 SATURDAY
Spaghetti & Meatballs w/Marinara Green Beans Sice of Bread Tropical Fruit Juice SF Pudding	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Cincinnati Chili & Spaghetti Corn Cinnamon Apples Oyster Crackers Grape Juice	Turkey & Gravy Mashed Potatoes Green Beans Slice of Bread Diced Pears SF Pudding	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers
23 SUNDAY	24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY	29 SATURDAY
Herbed Baked Chicken Sweet Potato Cubes Green Peas Slice of Bread Apple Juice SF Lemon Cookie	Homestyle Meatloaf Sweet Potato Patty Oregon Blend Vegetables Slice of Bread Tropical Fruit Juice Sun Butter	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Turkey Ham and Beans Spinach Red Skin Potatoes Slice of Bread Applesauce Ritz Bitz	Chicken Strips Italian Mixed Vegetables Sweet Potato Cubes Slice of Bread Mixed Fruit Cup Club Crackers	Salisbury Steak Mashed Potatoes Green Beans Slice of Bread Sun Butter Grape Juice	Pot Roast Parslied Noodles Collard Greens Slice of bread Pineapple Cup Brownie
30 SUNDAY						
Chicken & Rice w/Gravy Carrots Broccoli Slice of Bread Applesauce Ritz Bitz						