

MENU GLUTEN FREE FRIENDLY

Please call in your order at least 7 days prior to your delivery (513-244-5485)

BEEF ENTREES

HAMBURGER PATTY

Potato wedges, broccoli, pineapple, gluten free bread

SWISS STEAK WITH TOMATOES, PEPPERS & ONIONS

Carrots and O'Brien potatoes, applesauce, gluten free bread, margarine

DAIRY

- Skim milk
- 1% milk
- 2% milk

POULTRY ENTREES

FRIED EGG & TURKEY SAUSAGE

Red skin potatoes, green beans, 100% orange juice, gluten free bread, margarine

GRILLED CHICKEN BREAST

Green beans, squash, pears, gluten free bread, margarine

PORK ENTREES

HAWAIIAN PINEAPPLE HAM

Peas, mashed sweet potatoes, peaches, gluten free bread

Chocolate milk

Cheese

KEEP THIS MENU HANDY TO LOOK AT WHEN CALLING TO CHANGE YOUR ORDER

CUSTOMER CARE 513-244-5485 meals@muchmorethanameal.org

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.