Kentucky TR Hot Menu 513-244-0660 Diabetic/Cardiac



February 2025

Friendly		SOUTHWEST OH & NORTHERN KY		
3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
Chicken Strips	Homestyle Meatloaf	Salisbury Steak	Cheeseburger/No Bun	Pot Roast
Italian Mixed Vegetables	Sweet Potato Patty	Mashed Potatoes	Diced white Potatoes	Noodles
Sweet Potato Cubes	Oregon Blend Vegetables	Green Beans	Mixed Berries	Collard Greens
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Sun Butter	Mixed Fruit Cup	Sun Butter	Tropical Fruit Juice	Diced Peaches
Mixed Fruit Cup	Ritz Bitz	Tropical Fruit Juice	Ritz Bitz	SF Choc Chip Cookie
Club Crackers				
10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
Cheeseburger Meatloaf	Spaghetti & Meatballs w/Marinara	Herbed Baked Chicken	Cincinnati Chili & Spaghetti	Country Fried Steak
Baby Bakers	Green Beans	Sweet Potato Cubes		Scalloped Potatoes
California Vegetables	Sice of Bread	Green Peas	Corn	Cailfornia Vegetables
Slice of Bread	Grape Juice	Slice of Bread	Cinnamon Apples	Slice of Bread
Apple Juice	SF Pudding	Apple Juice	Oyster Crackers	Sun Butter
Club Crackers		SF Lemon Cookie	Grape Juice	Peaches
				SF Choc Chip Cookie
17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
Cheeseburger/No Bun	Chicken Strips	Pot Roast	Turkey & Gravy	Herbed Baked Chicken
Diced white Potatoes	Italian Mixed Vegetables	Noodles	Mashed Potatoes	Sweet Potato Cubes
Mixed Berries	Sweet Potato Cubes	Collard Greens	Green Beans	Green Peas
Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Tropical Fruit Juice	Sun Butter	Diced Peaches	Diced Pears	Mixed Fruit
Ritz Bitz	Mixed Fruit Cup	SF Choc Chip Cookie	SF Pudding	SF Lemon Cookie
	Club Crackers			
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
Salisbury Steak	Ham and Beans	Spaghetti & Meatballs w/Marinara	Chicken Strips	Homestyle Meatloaf
Mashed Potatoes	Spinach	Green Beans	Italian Mixed Vegetables	Sweet Potato Patty
Green Beans	Red Skin Potatoes	Sice of Bread	Sweet Potato Cubes	Oregon Blend Vegetables
Slice of Bread	Slice of Bread	Tropical Fruit Juice	Slice of Bread	Slice of Bread
Sun Butter	Applesauce	SF Pudding	Sun Butter	Mixed Fruit Cup
Grape Juice	Ritz Bitz		Mixed Fruit Cup	Ritz Bitz
			Club Crackers	