Kentucky Hot Me 513-244-5485	nu	MEALS OF WHEELS		2025 February
3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
Chicken Strips	Meatloaf w. gravy	Salisbury Steak/Gravy	Cheeseburger	Pot Roast
Mixed Vegetables	Mashed Potatoes	Parslied Potatoes	Sweet Potato Puff	Parslied Noodles
Sweet Potato Cubes	Carrots	Mixed Vegetables	Mixed Berry Crisp	Collard Greens
Sun Butter	Slice of Bread	Slice of Bread	Slice of bread	Slice of Bread
Tropical Fruit Juice	Mixed Fruit Cup	Sun Butter	Sun Butter	Diced Peaches
Brownie	Lorna Doone Cookie	Diced Peaches	Orange	Choc. Crème cookie
10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
Cneeseburger Meatloaf	Spaghetti & Meatballs	Bakeu Chicken w.	Cincinnati Chili & Spaghetti	Country Fried Steak
Baby Bakers	Italian Vegetables	Herbed Dressing	Shredded cheese	Scalloped Potatoes
California Vegetables	Spinach	Brocolli & Cauliflower	Corn & Black Beans	Cailfornia Vegetables
Slice of bread	Slice of bread	Slice of Bread	Cinnamon Apples	Slice of Bread
Orange Juice	Sun Butter	Apple Juice	Graham Crackers	Tropical Fruit Juice
Town house-crackers	Fig bar	Snack bar	Pineapple Cup	Nutri-grain bar
17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
Sloppy Joe w/no bun	Boneless Chicken Bites	Grilled Sausage w/Onion and Peppers	Turkey & Gravy	Chicken Alfredo w/Penne Pasta
Green Beans	Au Gratin Potatoes	Potato Wedges	Mashed Potatoes	Sliced Carrots
Roasted Bakers	Mixed Vegetables	Mixed Vegetables	Green Beans	Broccoli
Slice of bread	Slice of Bread	Slice of Bread	Slice of Bread	Slice of Bread
Diced Pears	Sun Butter	Apple Juice	Diced Pears	Tropical Fruit Juice
Cheese It Crackers	Mixed Fruit Cup		Town house Crackers	Snack Bar
24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
Flame Broiled Beef Steak	Ham and Beans	Lasagna Rollup w/Meat Sauce	Chicken Strips	Meatloaf w. gravy
Roasted Bakers	Spinach	Mixed Vegetables	Mixed Vegetables	Mashed Potatoes
Mixed Vegetables	Redskin Potatoes	Apple Crisp	Sweet Potato Cubes	Carrots
Slice of bread	Slice of Bread	Slice of Bread	Sun Butter	Slice of Bread
Peaches	Apple Sauce	Grape Juice	<b>Tropical Fruit Juice</b>	Mixed Fruit Cup
Brownie	Sun Chips	Graham Crackers	Brownie	Lorna Doone Cookie