

Ohio Congregate Lunch		Jan-25		Approved by:	
MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY	
		CLOSED	BARBECUE CHICKEN	MEATLOAF & BROWN GRAVY	
			OR	OR	
		HAPPY NEW YEAR!	BEEF PATTY	TURKEY & GRAVY	
			POTATO WEDGES	MASHED POTATOES	
			MIXED VEGETABLES	CARROTS	
			SLICED BREAD	SLICED BREAD	
			TROPICAL FRUIT JUICE	APPLE	
			PUDDING	SNACK BAR	
6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY	
CHICKEN STRIPS w/Dipping Sauce	CINCINNATI CHILI 3 WAYS	PORK BBQ	CHEESEBURGER	CHICKEN SALAD SANDWICH	
OR	OR	OR	OR	OR	
SLICED HAM	MEATBALL MARINARA	CHEESE MEATLOAF	GRILLED VEGGIE CHEESEBURGER	TURKEY SANDWICH	
SWEET POTATO CUBES	CORN & BLACK BEANS	BABY BAKERS	CARROTS	POTATO SALAD	
ITALIAN VEGETABLES	SPAGHETTI	MIXED VEGETABLES	RED POTATOES	THREE BEAN SALAD	
SLICED BREAD	CINNAMON APPLES	BUNS	BUN	SLICED BREAD	
MIXED FRUIT	ORANGE JUICE	FRUIT JUICE	ORANGE	PEACHES	
RITZ BITZ	OYSTER CRACKERS	OATMEAL CREAM PIE	SWEET POTATO CHOCOLATE CAKE L/S	COOKIES	
13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY	
COUNTRY FRIED STEAK WHITE GRAVY	CHEESE OMELET	CHICKEN WING DINGS W/BBQ SAUCE	MEATLOAF BROWN GRAVY	HERBED CHICKEN PATTY	
OR	OR	OR	OR	OR	
GRILLED CHICKEN	SOUTHWESTERN OMELET	TURKEY HAM AND BEANS	TURKEY & GRAVY	SLOPPY JOE	
SCALLOPED POTATOES	BREAKFAST POTATOES	AUGRATIN POTATOES	ROASTED BABY BAKERS	MACARONI & CHEESE	
CALIFORNIA VEGGIES	MIXED BERRIES	MIXED VEGETABLES	GREEN BEANS	COLLARD GREENS	
SLICED BREAD	PANCAKES W/SYRUP	SLICED BREAD	SLICED BREAD	SLICED BREAD	
APPLE JUICE	ORANGE JUICE	PEACHES	APPLE	APPLE JUICE	
FRUIT CUP	SNACK BAR	RITZ BITZ	RITZ BITZ	BANANA BREAD L/S	
20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY	
CLOSED	CHEESEBURGER	CHICKEN ALFREDO PENNE	SLOPPY JOE	GRILLED CHICKEN	
	OR	OR	OR	OR	
DR. MARTIN LUTHER KING JR DAY	BREADED CHICKEN PATTY	LASAGNA ROLLUPS W/ MEAT SAUCE	PORK BBQ	COUNTRY FRIED STEAK w/GRAVY	
	BROCCOLI	ITALIAN VEGETABLES	GREEN BEANS	SCALLOPED POTATOES	
	POTATO WEDGES	APPLE CRISP	BABY BAKERS	CALIFORNIA VEGGIES	
	BUN	SLICED BREAD	HAMBURGER BUN	SLICED BREAD	
	GRAPE JUICE	APPLE JUICE	TROPICAL FRUIT JUICE	APPLE	
	BROWNIE	SNACK BAR	CHEESE ITS	COOKIE	
27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY	
MEATLOAF & BROWN GRAVY	TURKEY HAM & BEANS	CHICKEN TERIYAKI	SALISBURY STEAK/GRAVY	GRILLED SAUSAGE	
OR	OR	OR	OR	OR	
TURKEY & GRAVY	GRILLED SAUSAGE	BEEF TERIYAKI	GRILLED CHICKEN	BEEF PATTY	
MASHED POTATOES	SPINACH	BROCCOLI & CAULIFLOWER	GREEN BEANS	POTATO WEDGES	
CARROTS	SWEET POTATO CUBES	BROWN RICE	CORN	MIXED VEGETABLES	
SLICED BREAD	BUN/BREAD	PINEAPPLE	SLICED BREAD	SLICED BREAD	
APPLE	PEARS	VANILLA PUDDING	APPLE JUICE	TROPICAL FRUIT JUICE	
SNACK BAR	COOKIES/PB COOKIE L/S	CHINESE NEW YEAR	RITZ BITZ	PUDDING	