Kentucky Hot Menu

June MEALS ON WHEELS
SOUTHWEST ON & NORTHERN KY 2024 513-244-5485

| 3 Monday | 4 Tuesday | 5 Wednesday | 6 Thursday | 7 Friday |
|-----------------------------|------------------------|--|---------------------------------|----------------------------------|
| Cheeseburger Meatloaf | Spaghetti & Meatballs | Baked Chicken w. Gravy | Cincinnati Chili & Spaghetti | Country Fried Steak |
| Baby Bakers | Italian Vegetables | Herbed Dressing | Shredded cheese | Scalloped Potatoes |
| California Vegetables | Spinach | Brocolli & Cauliflower | Corn & Black Beans | Cailfornia Vegetables |
| Slice of bread | Slice of bread | Slice of Bread | Cinnamon Apples | Slice of Bread |
| Orange Juice | Sun Butter | Apple Juice | Grape Juice | Sun Butter |
| Town house- | Fig bar | Snack bar | Pineapple Cup | Tropical Fruit Juice |
| crackers | | | | Nutri-grain bar |
| 10 Monday | 11 Tuesday | 12 Wednesday | 13 Thursday | 14 Friday |
| Sloppy Joe w/no bun | Boneless Chicken Bites | Grilled Sausage w/Onion and Peppers | Sliced Turkey & Gravy | Chicken Alfredo w/Penne Pasta |
| Green Beans | Au Gratin Potatoes | Potato Wedges | Mashed Potatoes | Sliced Carrots |
| Roasted Bakers | Mixed Vegetables | Mixed Vegetables | Green Beans | Broccoli |
| Slice of bread | Slice of Bread | Slice of Bread | Slice of Bread | Slice of Bread |
| Tropical Fruit Juice | Sun Butter | Apple Juice | Diced Pears | Tropical Fruit Juice |
| Cheese It Crackers | Mixed Fruit Cup | | Town house Crackers | Snack Bar |
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| 17 Monday | 18 Tuesday | 19 Wednesday | 20 Thursday | 21 Friday |
| Flame Broiled Beef Steak | Ham and Beans | Lasagna Rollup w/Meat Sauce | Chicken Strips | Meatloaf w. gravy |
| Roasted Bakers | Spinach | Mixed Vegetables | Mixed Vegetables | Mashed Potatoes |
| Mixed Vegetables | Tator Tots | Apple Crisp | Tater Barrels | Carrots |
| Slice of bread | Slice of Bread | Slice of Bread | Sun Butter | Slice of Bread |
| Peaches | Apple Sauce | Apple Juice | Tropical Fruit Juice | Mixed Fruit Cup |
| Brownie | Sun Chips | Graham Crackers | Brownie | Lorna Doone Cookie |
| 24 Monday | 25 Tuesday | 26 Wednesday | 27 Thursday | 28 Friday |
| Salisbury Steak/Gravy | Cheeseburger | Pot Roast | Cheeseburger Meatloaf | Spaghetti & Meatballs |
| Sweet Potatoes | Sweet Potato Puff | Parslied Noodles | Baby Bakers | Italian Vegetables |
| Mixed Vegetables | Mixed Berry Crisp | Collard Greens | California Vegetables | Spinach |
| Slice of Bread | Slice of bread | Slice of Bread | Slice of bread | Slice of bread |
| Sun Butter | Sun Butter | Sun Butter | Orange Juice | Sun Butter |
| Diced Peaches | Orange | Diced Peaches | Town house- | Fig bar |
| Snack Bar | | Choc. Crème cookie | crackers | |
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